

Health Care Providers Council of Pierce County
"Enhancing the Lives of the Seniors We Serve"



August, 2021
Newsletter

Our next meeting is: August 12th at Mountain View Funeral Home
Dues are \$75 per year, per individual

President's Message

Hello and welcome to the 8th month of the year, beautiful August!

I hope you're all enjoying this incredible weather.

This month we are hosting a speaker to talk to all of us about the new payroll tax that will be in effect before you know it. Her name is Peggy Haslach, CLU and she is a Financial Advisor for the Finity Group. I know all of you have questions and concerns, so bring them with you when we all meet, again, together at beautiful Mountain View Funeral Home at 8:00am.

This month our breakfast will be sponsored by Franke Tobey Jones and our good friend Carole Velez. The meeting sponsor is Erin Seefeldt and the folks at Hope Vision Foundation. Be sure and bring your dollar bills so you have a chance to win the fabulous gift basket. Business After Hours will be sponsored by Kelly Chambers and the whole gang at Visiting Angels. If I know Kelly, she will have something wonderful up her sleeve. I hope you were all able to attend the Business After Hours at the new Wesley Homes community at Bonney Lake. Susan and her team did an amazing job.

I hope to see all of your smiling faces on August 12th. In the meantime, enjoy this wonderful weather and use sunscreen!!

Warmly,

Melissa Martin

President
Health Care Providers Council of Pierce County

Meeting Schedule

August 12th -
The new payroll tax

September 9th -
Networking

2021 Board Members

President: Melissa Martin, Narrows Glen
Vice President: Tina Baril, Monarch Transitions
Secretary: Rebecca Brooks, Family First Adult
Family Homes
Treasurer: Tawnya Krall, Holiday Retirement
Members-at-Large: Lynessa Stone – Advanced
Healthcare, Trish Cooper – Pinnacle Senior
Placements, Susan Dale – Wesley Homes, Carole
Velez – Franke Tobey Jones, Beth Rahman –EXP
Realty
Social Media/IT: Jenny Krzemien – Concierge
Care Advisors

Board meetings are held on the 4th Thursday of the month, 8:00 am via Zoom. The next meeting is August 26, 2021. All members are welcome to attend.

Monthly Meeting Sponsor

Erin Seefeldt & Hope Vision Foundation

After Hours

Kelly Chambers & Visiting Angels

HCPC Coffee Sponsor

Carole Velez & Franke Tobey Jones

Upcoming Events

Scheduled events may be cancelled or postponed. We recommend you call first to confirm.

August 3

ADRC Education and Outreach Specialist Matt Santelli will be hosting a resource table at the National Night Out on August 3. The event will take place on the street in front of the New Tacoma Apartments

at 1709 South G Street in Downtown Tacoma. The street will be closed to vehicle traffic. There will be other senior/disabled/family resource provider tables there, along with multicultural street performers and food/drink booths. The event will take place from 3PM to 7PM, there is no fee to attend, and no pre-registration required.

August 2021

Visiting Angels sponsoring classes with CEU's for professional caregivers

- Palliative Care - Saturday, August 7th, 9 AM-5 PM, \$100, 8 CEUs
- Following the Plan of Care - Friday, August 20th, 10 AM- 12 PM, \$25, 2 CEUs

Both classes are held at Visiting Angels - 1401 S. Union Ave, Tacoma, WA 98405

To register, call or email Marian at 253-537-3700 or Marian@TacomaAngels.com

Dementia Support Group at Deer Ridge Memory Care in Puyallup
When caring for someone with dementia, it is also important to make sure that you are caring for yourself, as the disease effects more people than just the one who has it. During the support group, Deer Ridge will be providing complimentary oversight, a meal, and activities for your loved one
The group meets the second Wednesday of every month from 5:30PM to 6:30PM. Call 253-446-7892 for more information and directions to the facility.

“Wellness Wednesdays” online webinars offered by the Alzheimer’s Association and UW Memory and Brain Wellness Center during the month of August
The Eye-Brain Partnership
Presented by: Kate Fewel, MSW, LICSW
Wednesday, Aug. 11, 2021 | 1-1:45 PM PT | REGISTER HERE
Advancing the Science: The Latest in Alzheimer’s and Dementia Research
Presented by: Joel Loiacono
Wednesday, Aug. 25, 2021 | 1-1:45 PM PT | REGISTER HERE
Call 1-800-272-3900 to register by phone or for more information

August 25 – 1st Annual 55+ Housing Expo
10AM-4PM, Pioneer Park Pavilion
330 S. Meridian, Puyallup, WA 98372

This event is a one stop shop for those considering retirement, downsizing or right-sizing.

Call 253-446-2158 for more information, or visit
55RES.com/HousingExpo

If you are interested in posting an event, please email Rebecca Brooks at: secretary@healthcareproviderscouncil.org. All postings must be submitted by the 15th of the month.

Announcements/Ideas

If you are interested in posting an announcement please email Rebecca Brooks at: secretary@healthcareproviderscouncil.org. All postings must be submitted by the 15th of the month.

Dementia Friendly Pierce County

Did you know that there are tens of thousands of people living and dealing with dementia in Pierce County? Did you know that you can be part of ensuring they are included, valued, and cared for in their community? Dementia Friendly Pierce County is an initiative through Lutheran Community Services Northwest, and is leading the way to remove stigmas and creating a culture of compassion that is formed around health, justice and hope.

You can help build that caring, friendly community. How can you engage with us? We offer three ways to get involved:

- 1) Listen and Advocate: We want to speak with your community group or organization about dementia. Education is key to reducing stigma. With our one-hour virtual Dementia Friends information session, we can help you educate people about how to have positive interactions with people living with dementia and their care partners.
- 2) Volunteer: Through our Dementia Friends and Opening Minds through Art activities we can help you find positive ways to engage with people who are living with dementia. As a Dementia Champion you can help directly educate others and with Opening Minds through Art you can help a person living with dementia create inspiring art.
- 3) Recommend: Share information about our services with others. Help us spread the word about the activities we offer, and encourage others to learn how they too can create a Dementia Friendly Pierce County, that is inclusive to people of all ages and abilities. Learn more at www.dementiafriendlypc.org or dementiaservices@lcsnw.org.

NETWORKING OPPORTUNITIES

SENIORS PROVIDERS NETWORK GROUP - WEST SOUND
BRINGING TOGETHER A NETWORK OF LIKE MINDED, COMPASSIONATE
PROFESSIONALS WHO SERVE 50+, WHO WE CAN SHARE OUR KNOWLEDGE
AND EXPERIENCES TO GROW OURSELVES AND OUR BUSINESS.

MEETING TIMES VIA ZOOM - THIRD THURSDAY OF EVERY MONTH AT 1 P.M.

IF YOU WOULD LIKE TO BE PART OF OUR NETWORKING GROUP PLEASE
SEND DEBBIE RUVO WITH 55+ REAL ESTATE SERVICES AN EMAIL AT
DRUVO@COMCAST.NET OR PHONE AT 253.370.1947.

This newsletter may be viewed as a PDF at www.PierceADRC.org “News & Events.”

If you would like to subscribe to the ADRC E-Newsletter please email Bob Riler at briler@co.pierce.wa.us or call 253-798-7384.

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