

**Health Care Providers Council of Pierce County**  
“Enhancing the Lives of the Seniors We Serve”



***July, 2021***  
***Newsletter***

**Our next meeting is: July 8, 2021 at Mountain View Funeral Home**  
Dues are \$75 per year, per individual

***President's Message***

Welcome to the toasty month of July. Hopefully NOT as toasty as the last few days of June. Yikes!

Well, my friends, this is the month we have LONG been waiting for. We get to be back together, in person, just like the good old days! I can't wait to see your shining faces in real size, not on a screen. Be sure to invite your new acquaintances and colleagues as guests so you can get a FREE coffee card.

This month we are asking that you please bring a fun, fancy, themed or random basket for us to raffle off. We are in desperate need of raising money for our seniors in Pierce County and every dollar helps! Remember you can now not only buy raffle tickets in person but on line as well. Double the opportunity!

Our meeting sponsor this month is Kelly Chambers and all the good folks at Visiting Angels. Stay tuned for an exciting Business After Hours event brought to you by our own Susan Dale and Wesley Homes.

So, stay cool, enjoy this amazing summer and I look forward to seeing you all on July 8th at Mt. View Funeral Home

Warmly,

Melissa Martin  
President  
Health Care Providers Council of Pierce County

**Meeting Schedule**

**July 8th -**  
Christmas in July

**August 12th -**  
TBD

**2021 Board Members**

**President:** Melissa Martin, Narrows Glen  
**Vice President:** Tina Baril, Monarch Transitions  
**Secretary:** Rebecca Brooks, Family First Adult Family Homes  
**Treasurer:** Tawnya Krall, Holiday Retirement  
**Members-at-Large:** Lynessa Stone – Advanced Healthcare, Trish Cooper – Pinnacle Senior Placements, Amanda Cassman – We Care Senior Advisors, Susan Dale – Wesley Homes, Carole Velez – Franke Tobey Jones, Beth Rahman –EXP Realty  
**Social Media/IT:** Jenny Krzemien – Concierge Care Advisors

**Board meetings are held on the 4th Thursday of the month, 8:00 am via Zoom. The next meeting is July 22, 2021. All members are welcome to attend.**

**Monthly Meeting Sponsor**

Kelly Chambers & Visiting Angels

**After Hours**

Susan Dale & Wesley Homes

**HCPC Coffee Sponsor**

**July is AVAILABLE!! Call Rebecca at 253-219-6684 if you would like to sponsor!!**

**Upcoming Events**

Scheduled events may be cancelled or postponed. We recommend you call first to confirm.

July 10 – Tacoma Pride

Tacoma Pride happens throughout July. This years' celebration will feature both Points of Pride for folks to visit in person and a virtual Pride Parade featuring our resilient LGBTQIA+ community on July 10. Safely celebrate Pride by going to different Points of Pride all over Tacoma. Local business will be hosting Pride specials and events by participating as Points of Pride. Check out all of the events happening on Tacoma Pride

Festivals Facebook, Instagram, or website. Check the website regularly as Points of Pride are added. If you'd like your business to become a Point of Pride, please visit [tacomapride.org](http://tacomapride.org). Email [marshall@rainbowcntr.org](mailto:marshall@rainbowcntr.org) for pride inquiries.

July 13 & 15 – Together Washington: Veteran Suicide Prevention Summit

This online summit will update suicide prevention stakeholders on current status of suicide prevention legislation, the Statewide Plan on SMVF Suicide Prevention, and Governor's Challenge Implementation Plan Strategies. The aim is to create solidarity and collaboration among suicide prevention services / agencies and tribal communities, and learn about the causes of suicide, raise awareness of available intervention services, suicide prevention models and share promising best practices.

For information, agenda and links visit online.

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July 27-28 - NAMI National Convention

Anyone interested in and impacted by mental health can attend this event dedicated to uplifting, empowering and informing communities with resources, research, support and programming. Cost for NAMI members is \$15. Registration is online.

***If you are interested in posting an event, please email Rebecca Brooks at: [secretary@healthcareproviderscouncil.org](mailto:secretary@healthcareproviderscouncil.org). All postings must be submitted by the 15th of the month.***

### **Announcements/Ideas**

***If you are interested in posting an announcement please email Rebecca Brooks at: [secretary@healthcareproviderscouncil.org](mailto:secretary@healthcareproviderscouncil.org). All postings must be submitted by the 15<sup>th</sup> of the month.***

From Visiting Angels:

End of Life Care- July 17th, 9 am-12 PM, \$30, CEUs

CVA/Stroke- July 30th, 10 AM-12 PM, \$25, 2 CEUs

CPR/First Aid & AED Training- July 7th, 1-5 PM, \$40, 3 CEUs

CPR/First Aid & AED Training- July 9th, 9 AM-1 PM, \$40, 3 CEUs

All classes are at Visiting Angels Tacoma- 1401 S. Union Ave,  
Tacoma, WA 98405

To register call or email Marian at 253-537-3700 or  
[Marian@TacomaAngels.com](mailto:Marian@TacomaAngels.com)

## Dementia Friendly Pierce County

Did you know that there are tens of thousands of people living and dealing with dementia in Pierce County? Did you know that you can be part of ensuring they are included, valued, and cared for in their community? Dementia Friendly Pierce County is an initiative through Lutheran Community Services Northwest, and is leading the way to remove stigmas and creating a culture of compassion that is formed around health, justice and hope.

You can help build that caring, friendly community. How can you engage with us? We offer three ways to get involved:

- 1) Listen and Advocate: We want to speak with your community group or organization about dementia. Education is key to reducing stigma. With our one-hour virtual Dementia Friends information session, we can help you educate people about how to have positive interactions with people living with dementia and their care partners.
- 2) Volunteer: Through our Dementia Friends and Opening Minds through Art activities we can help you find positive ways to engage with people who are living with dementia. As a Dementia Champion you can help directly educate others and with Opening Minds through Art you can help a person living with dementia create inspiring art.
- 3) Recommend: Share information about our services with others. Help us spread the word about the activities we offer, and encourage others to learn how they too can create a Dementia Friendly Pierce County, that is inclusive to people of all ages and abilities. Learn more at [www.dementiafriendlypc.org](http://www.dementiafriendlypc.org) or [dementiaservices@lcsnw.org](mailto:dementiaservices@lcsnw.org).

## **NETWORKING OPPORTUNITIES**

SENIORS PROVIDERS NETWORK GROUP - WEST SOUND  
BRINGING TOGETHER A NETWORK OF LIKE MINDED, COMPASSIONATE  
PROFESSIONALS WHO SERVE 50+, WHO WE CAN SHARE OUR KNOWLEDGE  
AND EXPERIENCES TO GROW OURSELVES AND OUR BUSINESS.

MEETING TIMES VIA ZOOM - THIRD THURSDAY OF EVERY MONTH AT 1 P.M.

IF YOU WOULD LIKE TO BE PART OF OUR NETWORKING GROUP PLEASE  
SEND DEBBIE RUVO WITH 55+ REAL ESTATE SERVICES AN EMAIL AT  
DRUVO@COMCAST.NET OR PHONE AT 253.370.1947.

This newsletter may be viewed as a PDF at [www.PierceADRC.org](http://www.PierceADRC.org) "News & Events."

If you would like to subscribe to the ADRC E-Newsletter please email Bob Riler at [briler@co.pierce.wa.us](mailto:briler@co.pierce.wa.us) or call 253-798-7384.

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