

Health Care Providers Council of Pierce County
"Enhancing the Lives of the Seniors We Serve"



November, 2021
Newsletter

Our next meeting is: November 11th at Mountain View Funeral Home
Dues are \$75 per year, per individual

President's Message

My dear Health Care Provider's Council members,

It is with a very heavy heart that I address you this month.

Most of you know, and have worked with, Jerry and Michelle Graham. On Wednesday, November 3rd, Jerry lost his battle with COVID and left this earth. Jerry was someone who had incredible integrity and was in this industry for every right reason. He was dedicated to our senior population and helping each and every one who needed it. My heart is broken to lose such an incredible human being. The world has lost someone very special.

Many of you have asked what you can do to help Michelle. We will keep you posted as we get closer to the meeting.

This month we are having a networking meeting and will be meeting in person at Mt. View Funeral Home, socially distanced. We are lucky enough to have Sheila Clark and Visiting Physicians as our sponsor, and I know she will have a fun a fabulous basket to bid on. We don't have a breakfast sponsor as of yet, so if you want to provide some treats for after the meeting, please contact Rebecca Brooks.

Warmly,

Melissa Martin

President

Health Care Providers Council of Pierce County

Meeting Schedule

November 11th -
Networking

December 9th -
Holiday Party

2021 Board Members

President: Melissa Martin, Narrows Glen

Vice President: Tina Baril, Monarch Transitions

Secretary: Rebecca Brooks, Family First Adult
Family Homes

Treasurer: Tawnya Krall, Holiday Retirement

Members-at-Large: Lynessa Stone – Advanced
Healthcare, Trish Cooper – Enable Dental, Carole
Velez – Franke Tobey Jones, Beth Rahman –EXP
Realty

Social Media/IT: Jenny Krzemien – Concierge
Care Advisors

Board meetings are held on the 4th Thursday of the month, 8:00 am via Zoom. The next meeting is TBD, scheduled for December 23rd, 2021. All members are welcome to attend.

Monthly Meeting Sponsor

Sheila Clark and Visiting Physician's Association

After Hours

TBD

HCPC Breakfast Sponsor

TBD

Upcoming Events

Scheduled events may be cancelled or postponed. We recommend you call first to confirm.

2021 Alzheimer's Disease Virtual Conference Brings Information And
Inspiration To Caregivers

The conference is free and open to the public, but attendees must pre-
register online at

www.piercecountywa.gov/alz or calling the Pierce County Aging Disability
Resource Center at 253-798-4600.

Each day of "Following The Purple Brick Road" will provide expert
speakers reviewing different

aspects of the Alzheimer's Disease journey. Here is the current list of speakers and topics

(speakers and topics subject to change, please check the website to confirm):

- Monday, November 1: We're Not in Kansas Anymore!

Featured speakers on this day include Laura Wayman (renowned author of the book A Loving

Approach To Dementia and recognized as the Dementia Whisperer), attorney Minta Andreve

(Rehmke Law, P.S.), and Joe Hillyer (Homewatch Caregivers)

- Wednesday, November 3: There's No Place Like Home

Featured speakers on this day include Lynessa Stone (Advanced Health Care), Rebecca

Rainsberger (American Advisors Group Reverse Mortgage specialist), and Matt Santelli (Pierce

County Human Services)

- Monday November 8: Welcome to The Land of Oz!

Featured speakers on this day include Daphne Davis (Pinnacle Senior Placements), Lisa Doyle

RN (CayCare, Inc), and attorney Minta Andreve (Rehmke Law, P.S.)

- Wednesday, November 10: Somewhere Over the Rainbow

Featured speakers on this day include Anne Allen RN (Advanced Grief Recovery Method Specialist) and

Bonnie Blachly RN (Gentle Passage Doula Collective)

The event link and instructions to join the conference will be provided upon registration. Attendees must

register online at www.piercecountywa.gov/alz. Attendees are encouraged to ask questions throughout the

presentations. This conference will be recorded and made available online, along with supplementary

resources, for guests unable to attend.

For more information about the conference call the Aging and Disability Resource Center at 253-798-4600 or

800-562-0332.

Classes Available!!

Diabetes Level 1-Saturday, November 13th, 9 AM-5 PM, 8 CEU's, \$100

Chronic Obstructive Pulmonary Disease (COPD)- Wednesday, November 24th, 2:30-4:30 PM, 2 CEUs, \$25

First Aid, CPR, & AED Training- Saturday, December 4th, 9 AM-1 PM, 3 CEUs, \$30

All classes are held at Visiting Angels Tacoma Office: 1401 S. Union Ave, Tacoma, WA 98405. Call or Email Marian to sign up at 253-537-3700 or Marian@TacomaAngels.com

Holiday Market With Local Vendors To Be Held On November 20
Support local small businesses and crafters at the 2021 Pierce County
Parks Holiday Market at
Frontier Park Lodge in Graham. Shoppers can avoid crowded stores and
find something for
everyone on their list at one of the many vendor selections at the one-day
event on Nov. 20.

The Holiday Market will allow shoppers to get a head start on holiday
shopping with an
extensive selection of unique handcrafted and manufactured products
including jewelry,
candles, reclaimed wood gifts, embroidery and laser cut items, blankets,
decorative and
wearable creations, and Christmas décor. Throughout the day, several
free raffle drawings will
take place, giving shoppers the chance of winning one of several different
specialty crafts that
vendors have contributed

This year's event is scheduled to take place from 9 a.m. to 4 p.m. on
Saturday, Nov. 20, at
Frontier Park Lodge. Parking and admission for shoppers is free. While
shopping, visitors can
also enjoy food trucks, holiday music, complimentary holiday photos, live
entertainment and
more. For additional info, visit the Holiday Market website.

Alzheimer's Association Features Free Town Halls and other Events
Learn about federal and state policies impacting people affected by
Alzheimer's
disease and other types of dementia, including the progress being made
on the
Alzheimer's State Plan. Each Town Hall presentation will be followed by
Q&A about our public policy
priorities.

Raise your voice to raise awareness. Register today and plan to join us
this November!

2021 Dates:

- Tuesday, Nov. 9 at 10:00 a.m. | REGISTER
- Wednesday, Nov. 17 at 4:00 p.m. | REGISTER

Support groups and other training events can be found at this link:
Events | Alzheimer's Association

Pierce County Coalition For Developmental Disabilities (PC2) Offers
Legislative Forum

Tuesday Nov 16th 6:30 to 8:30

THIS EVENT IS FOR...

- Individuals who experience an intellectual and developmental disability (I/DD)
- Families, friends, and community allies of someone who experiences an intellectual and developmental disability (I/DD)
 - Pierce County legislators and their staff
 - Community members who want to listen, learn, and join us in supporting the legislative priorities in Pierce County

Over 25 years ago Pierce County began hosting the Legislative Forum to educate, inform, collaborate, and create change. For too long individuals who experience intellectual and developmental disabilities (I/DD), their families, friends, and allies have not been heard. The point of the forum is to convene into action “nothing about us without us.” A slogan that indicates the active involvement of persons with I/DD in the planning of strategies and policies that affect their lives. Here is the link:

About - PIERCE COUNTY IDD LEGISLATIVE FORUM
(piercelegislativeforum.org)

Please call PC2 at 253-564-0707 with any questions or for more information.

14th Annual Access & Functional Needs Summit November 30, 2021 -
1:00pm to 4:00pm

This is a virtual Zoom event. American Sign Language virtual-interpreter and Computer Aided RealTime Transcription will be available for this training.

Agenda topics: Cultural Awareness Training on Indigenous Communities
Keynote speaker on Access &
Functional Needs Transportation Coordination during
emergencies/disasters Communication Access.

Bridge resources and gesture training Incident Command Structure, basic
training

Direct questions to Ivan Tudela at ivan.tudela@piercecountywa.gov

If you are interested in posting an event, please email Rebecca Brooks at: secretary@healthcareproviderscouncil.org. All postings must be submitted by the 15th of the month.

Announcements/Ideas

If you are interested in posting an announcement please email Rebecca Brooks at: secretary@healthcareproviderscouncil.org. All postings must be submitted by the 15th of the month.

Dementia Friendly Pierce County

Did you know that there are tens of thousands of people living and dealing with dementia in Pierce County? Did you know that you can be part of ensuring they are included, valued, and cared for in their community? Dementia Friendly Pierce County is an initiative through Lutheran Community Services Northwest, and is leading the way to remove stigmas and creating a culture of compassion that is formed around health, justice and hope.

You can help build that caring, friendly community. How can you engage with us? We offer three ways to get involved:

- 1) Listen and Advocate: We want to speak with your community group or organization about dementia. Education is key to reducing stigma. With our one-hour virtual Dementia Friends information session, we can help you educate people about how to have positive interactions with people living with dementia and their care partners.
 - 2) Volunteer: Through our Dementia Friends and Opening Minds through Art activities we can help you find positive ways to engage with people who are living with dementia. As a Dementia Champion you can help directly educate others and with Opening Minds through Art you can help a person living with dementia create inspiring art.
 - 3) Recommend: Share information about our services with others. Help us spread the word about the activities we offer, and encourage others to learn how they too can create a Dementia Friendly Pierce County, that is inclusive to people of all ages and abilities.
- Learn more at www.dementiafriendlypc.org or dementiaservices@lcsnw.org.

FREE activities starting in October for people living with dementia and other cognitive impairments, Music and Memories (MaM) and Opening Minds through Art (OMA). Both are offered as 6-week sessions, held virtually for one-hour every week. Sign up now for either OMA (held Wednesday or Thursday) or MaM (held Tuesdays), or both! All art and music materials are provided FREE and dropped off at participants home. Pre-registration is required. Contact us at dementiaservices@lcsnw.org for more information and to sign up today.

NETWORKING OPPORTUNITIES

SENIORS PROVIDERS NETWORK GROUP - WEST SOUND
BRINGING TOGETHER A NETWORK OF LIKE MINDED, COMPASSIONATE
PROFESSIONALS WHO SERVE 50+, WHO WE CAN SHARE OUR KNOWLEDGE
AND EXPERIENCES TO GROW OURSELVES AND OUR BUSINESS.

MEETING TIMES VIA ZOOM - THIRD THURSDAY OF EVERY MONTH AT 1 P.M.

IF YOU WOULD LIKE TO BE PART OF OUR NETWORKING GROUP PLEASE
SEND DEBBIE RUVO WITH 55+ REAL ESTATE SERVICES AN EMAIL AT
DRUVO@COMCAST.NET OR PHONE AT 253.370.1947.

This newsletter may be viewed as a PDF at www.PierceADRC.org "News & Events."

If you would like to subscribe to the ADRC E-Newsletter please email Bob Riler at briler@co.pierce.wa.us or call 253-798-7384.

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