

Health Care Providers Council of Pierce County
“Enhancing the Lives of the Seniors We Serve”



October, 2021
Newsletter

Our next meeting is: October 14th at Mountain View Funeral Home
Dues are \$75 per year, per individual

President's Message

Hello and welcome to October. I've dusted off my broomstick and am ready for whatever the month has in store.

Well, as if things are not confusing enough, we're going to be back at Mt. View for the October 14th meeting. It will be in the same chapel but we will be meeting in a different room, socially distanced.

Our good friend Joan Engle and the great team at Wesley Homes will be our host for the meeting so bring your dollars for a fun gift basket that could be yours to take home. Breakfast will be a little different. Instead of eating at Mt. View, there will be a breakfast-to-go for you as you leave. We're trying to be as safe as possible and yet, still be together.

We will have our good friend, Matt Santelli from Pierce County Aging and Adult Services will be talking to us about what to look for in protecting our seniors against scams.

Don't forget to get your nominations in for the HCPC board. You have until October 15th to get them into secretary@healthcareproviderscouncil.org. Thanks in advance.

I look forward to seeing all of your bright and shiny faces on October 14th. Until then, enjoy this beautiful fall weather.

Warmly,

Melissa Martin
President
Health Care Providers Council of Pierce County

Meeting Schedule

October 14th -
Matt Santelli, Senior
Scams

November 11th -
Networking

2021 Board Members

President: Melissa Martin, Narrows Glen
Vice President: Tina Baril, Monarch Transitions
Secretary: Rebecca Brooks, Family First Adult
Family Homes
Treasurer: Tawnya Krall, Holiday Retirement
Members-at-Large: Lynessa Stone – Advanced
Healthcare, Trish Cooper – Enable Dental, Carole
Velez – Franke Tobey Jones, Beth Rahman –EXP
Realty
Social Media/IT: Jenny Krzemien – Concierge
Care Advisors

Board meetings are held on the 4th Thursday of the month, 8:00 am via Zoom. The next meeting is October 28th, 2021. All members are welcome to attend.

Monthly Meeting Sponsor
Joan Engle & Wesley Homes

After Hours
TBD

HCPC Breakfast Sponsor
TBD

Upcoming Events

Scheduled events may be cancelled or postponed. We recommend you call first to confirm.

In October (various dates)
Some deadlines for Case Management week drop offs are as early as next week depending on your area. You can still sign up (if you haven't already). I apologize that some of the drop off locations may be inconvenient, but our team of five is trying hard to manage collections and

deliveries for 40 hospitals across Oregon and Washington in ten days.
Your understanding is much appreciated!

Ways to participate:

1) Include Items in Goody Bags for hospital staff

Items are donated by local providers like yourself. Each Case Manager will receive a bag filled with thank you notes and small gifts from participating providers.

Click Here to Sign Up for Goody Bag drop offs.

2) Provide Lunch for a hospital team

This is now open to anyone to sign up, and at the time of this email 8 hospitals remain available. This is a no contact drop off. *You can sign up for more than one if you choose. Please take note of staff quantities and details.

Click Here for more info and to Sign up for a Lunch Delivery.

Visit RetirementConnection.com/case-management-week for more information on DROP DATES AND LOCATIONS, and any other important updates.

*A FAVOR: Please resist the urge to do your own special drop off. Reason: It was challenging to convince some of the hospitals to participate because some providers “stopped by” additionally last year. For that reason, a few hospitals chose not to allow the drop offs this year. I know everyone may have a special relationship with a case manager- but please be mindful that hospitals are already short staffed and filled to capacity. Please do NOT be the reason we are not allowed to continue next year! If you must, maybe pick a different week, 150+ providers have taken the time to work together on this project. PLEASE!

If I can be of additional assistance or if you have any questions, don't hesitate to reach out. Thanks!

-Amy Schmidt Amy@RetirementConnection.com

Dementia Support Group at Deer Ridge Memory Care in Puyallup
The group meets the second Wednesday of every month from 5:30pm to 6:30pm. Call 253-446-7892

for more information and directions to the facility. When caring for someone with dementia, it is also important to make sure that you are caring for yourself, as the disease effects more people than just

the one who has it. During the support group, Deer Ridge Memory Care will provide complimentary supervision, a meal, and activities for your loved one. Fall Prevention Awareness Television Program Still Showing In October 2021!

Show Support for Our Healthcare Workers!

The incredible job our front-line healthcare workers are doing during this prolonged pandemic is historic and inspiring. The toll their work takes - mentally, physically, and spiritually - is enormous, but they continue to do it - day after day.

The Chamber and the Economic Development Board have created a new website www.southsoundheroes.org where you can donate money or meals directly to our hospitals and clinics to help front-line workers in their hours of greatest need. MultiCare Health System, Virginia Mason Franciscan Health, and Community Health Care are each participating. Just click on the website and make a donation!

October 2021 has been declared **Health Care Heroes Month** by the Pierce County Council. Cities across the county are doing the same, including Tacoma, Lakewood, Puyallup, Gig Harbor, and Sumner. We thank them all for their leadership in raising the visibility of this effort.

Help us reach our goal of raising
\$100,000
by the end of October!

Still available for viewing in the month of October! Aging Wisely: Fall Prevention is a special television program produced by the Pierce County Fall Prevention Coalition and sponsored by Pierce County Human Services about preventing falls in daily life. Hosted by former KING TV anchor Dennis Bounds, the program introduces us to doctors and safety experts who have important tips to share. Plus, watch a few exercises that can be done standing or sitting at home, or with an exercise class. The good news - everyone can prevent a fall. The program will be available for viewing during the month of October on television network PCTV, online at the PCTV website, and online at the PCTV YouTube channel.

Here is the viewing information for the Aging Wisely: Fall Prevention television program:
PCTV (Comcast channel 20, Click channel 522 or 22, Rainier Connect channel 513 or 20)
Monday 6:30 am Wednesday & Saturday 7:00 pm
Tuesday 8:00 am Friday 10:30 pm
The program is also airing now online at YouTube:
https://youtu.be/qBwh7zgwC_g.

Alzheimer's Association Features Free Dementia Care Trainings
Understanding Alzheimer's and Dementia October 7, 12-1 p.m. and
October 27, 9:30-11:30 a.m.
Understanding and Responding to Dementia-Related Behavior October 13,
3-4 p.m. and October 21,
9:30-11:00 a.m. All sessions here are listed in Pacific Time, online listings
may be different; please
note time zone Washington State Chapter; Serving Washington and
Northern Idaho (alz.org)

Pierce County Coalition For Developmental Disabilities (PC2) Offers Free
Legal Series
Estate Planning for Families of Individuals with Developmental Disabilities
on Wednesday, October 20,
5:30 p.m. at <https://us02web.zoom.us/j/86805472344>
Special Needs Trusts & ABLE Accounts for Families of Individuals with
Developmental Disabilities on
Wednesday, October 6, 5:30 p.m. at
<https://us02web.zoom.us/j/85137246925>
Guardianships for Individuals with Developmental Disabilities on
Wednesday, October 27, 5:30 p.m. at
<https://us02web.zoom.us/j/8840662033>
Please call PC2 at 253-564-0707 with any questions or for more
information.

Hilltop Action Coalition Volunteer Event
Hilltop Action Coalition (HAC) is setting up a volunteer opportunity for
Sat, Oct 23rd to help clean up
the neighborhoods on both sides of MLK Jr. Way in the Tacoma Hilltop.
Stop by HAC at 1116 Earnest S
Brazill Street between 9:00 to 10:00 AM to pick up a Tidy-Up Kit with
items to make clean up a little

easier. But first please RSVP at [hacoffice15@gmail](mailto:hacoffice15@gmail.com) to reserve a Tidy-Up Kit.

If you are interested in posting an event, please email Rebecca Brooks at: secretary@healthcareproviderscouncil.org. All postings must be submitted by the 15th of the month.

Announcements/Ideas

If you are interested in posting an announcement please email Rebecca Brooks at: secretary@healthcareproviderscouncil.org. All postings must be submitted by the 15th of the month.

Dementia Friendly Pierce County

Did you know that there are tens of thousands of people living and dealing with dementia in Pierce County? Did you know that you can be part of ensuring they are included, valued, and cared for in their community? Dementia Friendly Pierce County is an initiative through Lutheran Community Services Northwest, and is leading the way to remove stigmas and creating a culture of compassion that is formed around health, justice and hope.

You can help build that caring, friendly community. How can you engage with us? We offer three ways to get involved:

- 1) Listen and Advocate: We want to speak with your community group or organization about dementia. Education is key to reducing stigma. With our one-hour virtual Dementia Friends information session, we can help you educate people about how to have positive interactions with people living with dementia and their care partners.
- 2) Volunteer: Through our Dementia Friends and Opening Minds through Art activities we can help you find positive ways to engage with people who are living with dementia. As a Dementia Champion you can help directly educate others and with Opening Minds through Art you can help a person living with dementia create inspiring art.
- 3) Recommend: Share information about our services with others. Help us spread the word about the activities we offer, and encourage others to learn how they too can create a Dementia Friendly Pierce County, that is inclusive to people of all ages and abilities. Learn more at www.dementiafriendlypc.org or dementiaservices@lcsnw.org.

NETWORKING OPPORTUNITIES

SENIORS PROVIDERS NETWORK GROUP - WEST SOUND
BRINGING TOGETHER A NETWORK OF LIKE MINDED, COMPASSIONATE
PROFESSIONALS WHO SERVE 50+, WHO WE CAN SHARE OUR KNOWLEDGE
AND EXPERIENCES TO GROW OURSELVES AND OUR BUSINESS.

MEETING TIMES VIA ZOOM - THIRD THURSDAY OF EVERY MONTH AT 1 P.M.

IF YOU WOULD LIKE TO BE PART OF OUR NETWORKING GROUP PLEASE
SEND DEBBIE RUVO WITH 55+ REAL ESTATE SERVICES AN EMAIL AT
DRUVO@COMCAST.NET OR PHONE AT 253.370.1947.

This newsletter may be viewed as a PDF at www.PierceADRC.org "News & Events."

If you would like to subscribe to the ADRC E-Newsletter please email Bob Riler at briler@co.pierce.wa.us or call 253-798-7384.

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