

**Health Care Providers Council of Pierce County**  
"Enhancing the Lives of the Seniors We Serve"



***December, 2021***  
***Newsletter***

**Our next meeting is: December 9th at Mountain View Funeral Home**  
Dues are \$75 per year, per individual

***President's Message***

Dearest Health Care Providers Members:

This is the second month in a row I greet you with sorrowful news. On Sunday, November 28th our dear friend, Bob Riler was innocently walking his dog when he was hit by a car. He was transported to St. Joes Hospital where he left this world, on Monday, November 29th. My heart breaks for his loving family and friends. Bob had just retired 3 months ago. Bob has always exemplified helping our fellow man, generosity, kindness, humor and a joy of life. If we could all live our lives, like Bob Riler, the world would be a better place. When we know about services for Bob, we will let you know.

This month, as you all know, is what we work for all year and that's to donate all of our HCPC funds to our senior centers. I hope to see all of your bright and shiny faces on December 9th at Mt. View Funeral Home starting at 8:00. Be sure to bring your dollars for the gift drawings, as well as your Holiday Baskets.

We will be bringing in the new board and saying "Good-bye and Thank-you" to the outgoing board members. In the meantime, I hope you can enjoy time with friends and family and experience all the joy that the holidays bring.

Warmly,

Melissa Martin  
President

Health Care Providers Council of Pierce County

**Meeting Schedule**

**December 9th -**  
Holiday Party

**January 13th -**  
Networking

**2021 Board Members**

**President:** Melissa Martin, Narrows Glen  
**Vice President:** Tina Baril, Monarch Transitions  
**Secretary:** Rebecca Brooks, Family First Adult  
Family Homes  
**Treasurer:** Tawnya Krall, Garden Courte  
**Members-at-Large:** Lynessa Stone – Advanced  
Healthcare, Trish Cooper – Enable Dental, Carole  
Velez – Franke Tobey Jones, Beth Rahman –EXP  
Realty  
**Social Media/IT:** Jenny Krzemien – Concierge  
Care Advisors

**Board meetings are held on the 4th Thursday of the month, 8:00 am via Zoom. The next meeting is TBD, scheduled for December 23rd, 2021. All members are welcome to attend.**

**Monthly Meeting Sponsor**

None – Holiday Party!!

**After Hours**

TBD

**HCPC Breakfast Sponsor**

TBD

**Upcoming Events**

Scheduled events may be cancelled or postponed. We recommend you call first to confirm.

Washington State ABLE Savings Plans Are Available  
A Washington State ABLE Savings Plan allows people with eligible disabilities to save for their everyday needs, invest in a tax-free account, and prepare for the future without losing their state or federal benefits. For more information on these plans, please contact PC2 at 253-564-0707.

ZOOLIGHTS – On Again at Point Defiance Zoo!

ZOOLIGHTS is back at Point Defiance Park Zoo and Aquarium! November 26, 2021 to January 2, 2022 from 4:30pm to 10:00pm. Magical lights and a classic holiday tradition — it's ZOOLIGHTS at Point Defiance Zoo & Aquarium! Come enjoy the Zoo, transformed into a colorful winter wonderland with over 700,000 lights. Closed Dec. 24, Dec. 25, Open Dec. 31, Jan. 1. Timed online tickets required. In compliance with state health guidelines, masks are required, both outdoors and indoors at ALL times for ALL guests ages 5+ for events. Link to: Zoolights - Metro Parks Tacoma.

Hilltop FED is open Mon, Wed & Fri from 11 AM to 2 PM with free food for everyone.

The cold season is among us and the team at Hilltop FED would like to warm you up a bit by offering free hot soup to go. Soup will be available every Friday through the end of December between 11 am and 2 pm on a first come, first serve basis. Many thanks to our partners at EPIC (Empowering People in Communities) for the generous donation. #hilltopstrong  
Address: 1202 MLK Way, Tacoma WA 98405 (old Coffee Buzz)

***If you are interested in posting an event, please email Rebecca Brooks at: [secretary@healthcareproviderscouncil.org](mailto:secretary@healthcareproviderscouncil.org). All postings must be submitted by the 15th of the month.***

#### **Announcements/Ideas**

***If you are interested in posting an announcement please email Rebecca Brooks at: [secretary@healthcareproviderscouncil.org](mailto:secretary@healthcareproviderscouncil.org). All postings must be submitted by the 15<sup>th</sup> of the month.***

Dementia Friendly Pierce County

Did you know that there are tens of thousands of people living and dealing with dementia in Pierce County? Did you know that you can be part of ensuring they are included, valued, and cared for in their community? Dementia Friendly Pierce County is an initiative through Lutheran Community Services Northwest, and is leading the way to remove stigmas and creating a culture of compassion that is formed around health, justice and hope.

You can help build that caring, friendly community. How can you engage with us? We offer three ways to get involved:

- 1) Listen and Advocate: We want to speak with your community group or organization about dementia. Education is key to reducing stigma. With our one-hour virtual Dementia Friends information session, we can help you educate people about how to have positive interactions with people living with dementia and their care partners.
- 2) Volunteer: Through our Dementia Friends and Opening Minds through Art activities we can help you find positive ways to engage with people who are living with dementia. As a Dementia Champion you can help directly educate others and with Opening Minds through Art you can help a person living with dementia create inspiring art.
- 3) Recommend: Share information about our services with others. Help us spread the word about the activities we offer, and encourage others to learn how they too can create a Dementia Friendly Pierce County, that is inclusive to people of all ages and abilities. Learn more at [www.dementiafriendlypc.org](http://www.dementiafriendlypc.org) or [dementiaservices@lcsnw.org](mailto:dementiaservices@lcsnw.org).

FREE activities starting in October for people living with dementia and other cognitive impairments, Music and Memories (MaM) and Opening Minds through Art (OMA). Both are offered as 6-week sessions, held virtually for one-hour every week. Sign up now for either OMA (held Wednesday or Thursday) or MaM (held Tuesdays), or both! All art and music materials are provided FREE and dropped off at participants home. Pre-registration is required. Contact us at [dementiaservices@lcsnw.org](mailto:dementiaservices@lcsnw.org) for more information and to sign up today.

### **NETWORKING OPPORTUNITIES**

SENIORS PROVIDERS NETWORK GROUP - WEST SOUND  
BRINGING TOGETHER A NETWORK OF LIKE MINDED, COMPASSIONATE  
PROFESSIONALS WHO SERVE 50+, SO WE CAN SHARE OUR KNOWLEDGE  
AND EXPERIENCES TO GROW OURSELVES AND OUR BUSINESS.

MEETING TIMES VIA ZOOM - THIRD THURSDAY OF EVERY MONTH AT 1 P.M.

IF YOU WOULD LIKE TO BE PART OF OUR NETWORKING GROUP PLEASE  
SEND DEBBIE RUVO WITH 55+ REAL ESTATE SERVICES AN EMAIL AT  
[DRUVO@COMCAST.NET](mailto:DRUVO@COMCAST.NET) OR PHONE AT 253.370.1947.

This newsletter may be viewed as a PDF at [www.PierceADRC.org](http://www.PierceADRC.org) "News & Events."

If you would like to subscribe to the ADRC E-Newsletter please email Bob Riler at [briler@co.pierce.wa.us](mailto:briler@co.pierce.wa.us) or call 253-798-7384.

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[www.healthcareproviderscouncil.org](http://www.healthcareproviderscouncil.org)