

Health Care Providers Council of Pierce County
"Enhancing the Lives of the Seniors We Serve"



January, 2022
Newsletter

Our next meeting is: January 13th at Mountain View Funeral Home
Dues are \$75 per year, per individual

President's Message

Dear HCPC Members,

I hope you all enjoyed a wonderful Christmas with your friends and families...and now...

Happy New Year!!! I think I speak for everyone when I say, good riddance to 2021 and welcome, welcome, WELCOME 2022!

I know you will all enjoy getting together for our next meeting which will be on January 13th at 8:00am at Mt. View Funeral Home. Our meeting sponsor is our good friend, Lisa Murtha from Bottimore and Associates. Thank-You, Lisa.

This will be my last President's message to all of you. It has been an honor and a pleasure to have served you, my dear HCPC members all these years.

This wonderful organization has done the most amazing things for our seniors and I know you will continue to. Thank-you for your support and kindness.

Warmly,

Melissa Martin

President

Health Care Providers Council of Pierce County

Meeting Schedule

January 13th -
Networking

February 10th -
TBD

2022 Board Members

President: Trish Cooper, Enable Dental
Vice President: Beth Rahman, eXp Realty
Secretary: Rebecca Brooks, Family First Adult Family Homes
Treasurer: Tawnya Krall, Garden Courte
Members-at-Large: Lynessa Stone – Advanced Healthcare, Carole Velez – Franke Tobey Jones, Melissa Martin - Narrows Glen, Tabitha White - Home Care Assistance, Cheryl Teifke – Mountain View Funeral Home, Monica Richardson – Weatherly Inn
Social Media/IT: Jenny Krzemien – Concierge Care Advisors

Board meetings are held on the 4th Thursday of the month, 8:00 am via Zoom. The next meeting is TBD, scheduled for January 27, 2022. All members are welcome to attend.

Monthly Meeting Sponsor

Lisa Murtha – Bottimore & Associates

After Hours

TBD

HCPC Breakfast Sponsor

TBD

Upcoming Events

Scheduled events may be cancelled or postponed. We recommend you call first to confirm.

Call for Heroes Nominations! American Red Cross Heroes Breakfast
The American Red Cross Heroes Breakfast is coming soon, calling all heroes! They are looking for individuals or groups that have saved a life or made a positive impact in their community to honor at our annual American Red Cross Washington Heroes Breakfast! Help the American Red Cross celebrate heroes at the annual Heroes Breakfast on March 10th, 2022.

Click the link to nominate a hero today! For more information, reach out to Daniel Wirth, Executive Director, South Puget Sound and Olympics Chapter, at daniel.wirth@redcross.org.

Jan. 19, 2022 – 1:30PM
Wesley Bradley Park
Debunking the Myth of Falls
Featuring Kurt Moss, PT
RSVP to 253-435-8100

Jan. 27, 2022 – 2:00PM
Wesley at Tehaleh
Fit, Food & Fun
Featuring Zach Rynders, DPT
RSVP to 253-366-6100

If you are interested in posting an event, please email Rebecca Brooks at: secretary@healthcareproviderscouncil.org. All postings must be submitted by the 15th of the month.

Announcements/Ideas

If you are interested in posting an announcement please email Rebecca Brooks at: secretary@healthcareproviderscouncil.org. All postings must be submitted by the 15th of the month.

Dementia Friendly Pierce County

Did you know that there are tens of thousands of people living and dealing with dementia in Pierce County? Did you know that you can be part of ensuring they are included, valued, and cared for in their community? Dementia Friendly Pierce County is an initiative through Lutheran Community Services Northwest, and is leading the way to remove stigmas and creating a culture of compassion that is formed around health, justice and hope.

You can help build that caring, friendly community. How can you engage with us? We offer three ways to get involved:

- 1) Listen and Advocate: We want to speak with your community group or organization about dementia. Education is key to reducing stigma. With our one-hour virtual Dementia Friends information session, we can help you educate people about how to have positive interactions with people living with dementia and their care partners.
- 2) Volunteer: Through our Dementia Friends and Opening Minds through Art activities we can help you find positive ways to engage with people who are living with dementia. As a

Dementia Champion you can help directly educate others and with Opening Minds through Art you can help a person living with dementia create inspiring art.

3) Recommend: Share information about our services with others. Help us spread the word about the activities we offer, and encourage others to learn how they too can create a Dementia Friendly Pierce County, that is inclusive to people of all ages and abilities. Learn more at www.dementiafriendlypc.org or dementiaservices@lcsnw.org.

FREE activities starting in October for people living with dementia and other cognitive impairments, Music and Memories (MaM) and Opening Minds through Art (OMA). Both are offered as 6-week sessions, held virtually for one-hour every week. Sign up now for either OMA (held Wednesday or Thursday) or MaM (held Tuesdays), or both! All art and music materials are provided FREE and dropped off at participants home. Pre-registration is required. Contact us at dementiaservices@lcsnw.org for more information and to sign up today.

NETWORKING OPPORTUNITIES

SENIORS PROVIDERS NETWORK GROUP - WEST SOUND
BRINGING TOGETHER A NETWORK OF LIKE MINDED, COMPASSIONATE
PROFESSIONALS WHO SERVE 50+, WHO WE CAN SHARE OUR KNOWLEDGE
AND EXPERIENCES TO GROW OURSELVES AND OUR BUSINESS.

MEETING TIMES VIA ZOOM - THIRD THURSDAY OF EVERY MONTH AT 1 P.M.

IF YOU WOULD LIKE TO BE PART OF OUR NETWORKING GROUP PLEASE
SEND DEBBIE RUVO WITH 55+ REAL ESTATE SERVICES AN EMAIL AT
DRUVO@COMCAST.NET OR PHONE AT 253.370.1947.

This newsletter may be viewed as a PDF at www.PierceADRC.org "News & Events."

If you would like to subscribe to the ADRC E-Newsletter please email Bob Riler at briler@co.pierce.wa.us or call 253-798-7384.

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