

Health Care Providers Council of Pierce County
"Enhancing the Lives of the Seniors We Serve"



June, 2022
Newsletter

Our next meeting is: June 9th at Mountain View Funeral Home
Dues are \$75 per year, per individual

President's Message

Aloha HCPC Ohana!

I hope you all had a wonderful Memorial Day Weekend and were able to share this time with your loved ones. And THANK YOU to all that have served and continue to serve our great nation, with their lives. If it weren't for you, we would not be here, so all my alohas, to those folks and their families that sacrifice themselves, for our freedoms.

And THANK YOU HCPC Members for being here and hanging out with us! It is so wonderful to see our membership growing and growing! Every month we have new and returning folks joining this organization, so THANK YOU members! WELCOME and WELCOME BACK people!!

Please join us at the June Meeting, on Thursday, June 9th, at 8am. This is a great month to participate because it's a NETWORKING Meeting!! Perfect timing too - come, meet new members and catch up with the veteran members - I'm sure it will be a meeting you will not want to miss!

We'll start this meeting by feasting on breakfast, which will be provided by veteran member and friend, Rebecca Rainsberger, with AAG. Rebecca is so knowledgeable and helpful, for seniors and their families, educating them about reverse mortgage - she is breaking all the myths! And then we welcome our Meeting Sponsor, Bridgeport Place, with Ms. Diba Wickline sharing the latest happenings, at her community! So a lot to look forward too!

Did you know that ANY HCPC Member can become a sponsor? IF you would like to spotlight your business to fellow HCPC Members, see our website for more details or please do not hesitate to reach out to any board member, they would be more than happy to help!

Looking forward to seeing all of you in June!

Aloha HCPC Ohana and a hui hou (until we meet again)

Trish Cooper

President

Health Care Providers Council of Pierce County

Meeting Schedule

June 9th -
Networking

July 14th -
TBA

2022 Board Members

President: Trish Cooper, Enable Dental

Vice President: Beth Rahman, eXp Realty

Secretary: Rebecca Brooks, Narrows Glen

Treasurer: Tawnya Krall, Garden Courte

Members-at-Large: Lynessa Stone – Advanced Healthcare, Carole Velez – Franke Tobey Jones, Elizabeth Catterson – Visiting Angels, Tabitha White – The Key, Cheryl Teifke – Multicare, Monica Richardson – Weatherly Inn

Social Media/IT: Jenny Krzemien – Concierge Care Advisors. Monica Richardson – assistance with Facebook posting

Board meetings are held on the 4th Thursday of the month, 8:00 am via Zoom. The next meeting is scheduled for June 23, 2022 at Narrows Glen. All members are welcome to attend.

Monthly Meeting Sponsor

Diba Wickline
Bridgeport Place

After Hours

None

HCPC Breakfast Sponsor

Rebecca Rainsberger, AAG

Upcoming Events

If you are interested in posting an event, please email Rebecca Brooks at: secretary@healthcareproviderscouncil.org. All postings must be submitted by the 15th of the month.

The National Institute On Aging Recognizes Alzheimer's And Brain Awareness Month This June

Throughout the month, NIA aims to raise awareness about Alzheimer's disease, highlight scientific advances, and share resources to support researchers as well as individuals, families, and caregivers affected by the disease. Explore what they have planned Facebook. Join NIA on Facebook to learn about Alzheimer's disease, hear personal stories from caregivers, and find additional resources throughout the month. Each week will have a different focus:

- June 6 – 10: Explore the basics of Alzheimer's, including the signs and symptoms, how Alzheimer's changes the brain, and the genetics of the disease.
- June 13 – 17: Find information for people living with dementia, including tips on care, support, and planning for the future, as well as advice from people living with Alzheimer's.
- June 20 – 24: Learn about Alzheimer's caregiving, including helpful resources and tips and personal stories from Alzheimer's caregivers.
- June 27 – July 1: Discover how to help advance Alzheimer's research, including the role of clinical trials and the importance of brain donation.

June 7, 10A-3PM

Join Narrows Glen for a Blood Drive!

You must register for a specific time slot – please contact Rebecca.brooks@srg-llc.com to set up a time

Classes:

Dementia and the Montessori Method - \$25 & 2 CEUs Friday, June 24th, 2-4 PM

First Aide, CPR, & AED- \$50 & 3 CEUs Saturday, June 4th, 12 PM-5:30 PM

HCA Class- Saturdays 9 AM-5 PM, June 4th- July 2nd

All classes are held at Visiting Angels Tacoma- 1401 S. Union Ave,
Tacoma, WA 98405

Call or email Marian to sign up- 253-537-3700 or
Marian@TacomaAngels.com

Dementia Care Support Groups And Memory Café Now Being Offered
Dementia Care Support Groups sponsored by Deer Ridge Memory Care on
the second and third Wednesday of each month at 5:30pm. Memory Café
presented by LCSNW and Deer Ridge Memory Care on the third
Wednesday of each month at 10:30 a.m. Locations for these events may
vary, so call or email for current info to 253-722-5682 or
rmarken@lcsnw.org

Classes Available To Learn How To Become An Instructor for SAIL
Attention SAIL Instructors! If you are needing a "refresher" training, or a
"Recertification" here is an online opportunity!

Thursday, June 9th - 8:30am-12:30pm PST

To register: <https://www.eventbrite.com/e/327280644217>

If you are interested in becoming a SAIL Instructor: Two day online
training:

Thursday and Friday, June 23 & 24th - 8:30am -12:30pm PST (must
attend both days) To register:

<https://www.eventbrite.com/e/328078851677>

For more information: Sandy Gatlin, SAIL Master Trainer
sailwithmesg@gmail.com or visit the website: www.sailfitness.org

Announcements/Ideas

***If you are interested in posting an announcement please email
Rebecca Brooks at: secretary@healthcareproviderscouncil.org.***

All postings must be submitted by the 15th of the month.

2022 Anniversary Gala

It is with great excitement we invite you to join us in the celebration
of **HopeSparks 125th Anniversary!**

The Gala is on Saturday, June 11, 2022 beginning at 5:00 pm at the
new Marriott Tacoma Downtown connected to the Greater Tacoma
Convention Center.

For your ticket cost of \$125, your ticket includes reception with hors d'oeuvres and 2 drink tickets, silent auction and games, plated dinner with wine, live auction, program, no-host bar and more

This is a 21 and over event

Reserved tables are available

Cocktail attire suggested

Join us as we celebrate 125 years of strengthening families in our community and envision the future together!

Sponsorship Opportunities

For Sponsorship Opportunities, contact Linda Troeh at ltroeh@hopesparks.org or 253.778.5103.

Dementia Friendly Pierce County

Did you know that there are tens of thousands of people living and dealing with dementia in Pierce County? Did you know that you can be part of ensuring they are included, valued, and cared for in their community? Dementia Friendly Pierce County is an initiative through Lutheran Community Services Northwest, and is leading the way to remove stigmas and creating a culture of compassion that is formed around health, justice and hope.

You can help build that caring, friendly community. How can you engage with us? We offer three ways to get involved:

- 1) Listen and Advocate: We want to speak with your community group or organization about dementia. Education is key to reducing stigma. With our one-hour virtual Dementia Friends information session, we can help you educate people about how to have positive interactions with people living with dementia and their care partners.
- 2) Volunteer: Through our Dementia Friends and Opening Minds through Art activities we can help you find positive ways to engage with people who are living with dementia. As a Dementia Champion you can help directly educate others and with Opening Minds through Art you can help a person living with dementia create inspiring art.
- 3) Recommend: Share information about our services with others. Help us spread the word about the activities we offer, and encourage others to learn how they too can create a Dementia Friendly Pierce County, that is inclusive to people of all ages and abilities. Learn more at www.dementiafriendlypc.org or dementiaservices@lcsnw.org.

FREE activities starting in October for people living with dementia and other cognitive impairments, Music and Memories (MaM) and Opening Minds through Art (OMA). Both are offered as 6-week sessions, held virtually for one-hour every week. Sign up now for either OMA (held Wednesday or Thursday) or MaM (held Tuesdays), or both! All art and music materials are provided FREE and dropped off at participants home. Pre-registration is required. Contact us at dementiaservices@lcsnw.org for more information and to sign up today.

NETWORKING OPPORTUNITIES

SENIORS PROVIDERS NETWORK GROUP - WEST SOUND
BRINGING TOGETHER A NETWORK OF LIKE MINDED, COMPASSIONATE
PROFESSIONALS WHO SERVE 50+, WO WE CAN SHARE OUR KNOWLEDGE
AND EXPERIENCES TO GROW OURSELVES AND OUR BUSINESS.

MEETING TIMES VIA ZOOM - THIRD THURSDAY OF EVERY MONTH AT 1 P.M.

IF YOU WOULD LIKE TO BE PART OF OUR NETWORKING GROUP PLEASE
SEND DEBBIE RUVO WITH 55+ REAL ESTATE SERVICES AN EMAIL AT
DRUVO@COMCAST.NET OR PHONE AT 253.370.1947.

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