



# HCPC HEALTH CARE PROVIDERS COUNCIL of Pierce County

## June Meeting

Thursday, June 8th  
9am

Mountain View  
Funeral Home  
4100 Steilacoom Blvd SW  
Lakewood WA

Celebration of  
Life Chapel

### Meeting Sponsor

**Rebecca Rainsberger**  
Longbridge Financial

### Breakfast Sponsor

**Lynessa Stone**  
Advanced Health Care

### Business After Hours

June 15th  
**Franke Tobey Jones**  
4pm-6pm



## President's Letter

Aloha HCPC Ohana

I hope everyone is doin' it and doin' it and doin' it well!! LOL!! Whatever it is that you are doin'...do it well people!!

We did it!! We are at that middle mark....halfway through 2023 and for HCPC this is when it starts getting CRAZY!!! Hold on because the ride begins NOW!!

Thank you GenCare Point Ruston!! What a BEAUTIFUL day for an HCPC Business After Hours! Great FOOD and GREAT PEOPLE! And THANK YOU to last month's Meeting Sponsor - Cole, from The Village and Breakfast Sponsor - Tracy, from Assisted Living Locators.

And MAHALO to YOU members! Your continued support is so welcomed and appreciated at meetings, after hours, and our other events!!! If you have anything special going on in your senior living worlds - let us know - we will be sure to share it with the rest of the membership. Have you connected with us on FB or LinkedIn, yet?

Please JOIN us this month as the speaker is our very own, ever so gracious host, Tim Lenz, from Mountain View Funeral Home! He will be speaking about pre-planning. Do you know all the steps involved in the pre-planning process? Or have you even had the conversation? Or maybe you don't know how to start? Tim shares with us Your Life, Your Legacy.

We will also be hearing from our JUNE HCPC Meeting Sponsor Rebecca Rainsberger, with Longbridge Financial. And serving us something delicious is our Breakfast Sponsor, Lynessa, with Advanced Health Care. Carole, at Franke Tobey Jones, is our JUNE Business After Hours Sponsor on Thursday, June 15th from 4 pm to 6 pm.

CHRISTMAS IN JULY needs donations of raffle baskets - are you participating? Look for sign-up sheets at the meeting, along with several other important announcements of upcoming events, but MARK YOUR CALENDARS NOW for the first HCPC SUMMER BBQ on Thursday, August 24th from 3pm to 6pm... We will need a headcount, so look for more info on FB soon!

A hui hou,

*Trish*

# HCPC Board Members

President:

Trish Cooper  
Enable Dental

Vice President:

Beth Rahman  
Rahman Home Sales

Secretary:

Rebecca Brooks  
Gig Harbor Memory Care

Treasurer:

Tawnya Krall  
Garden Courte  
Memory Care

Membership/IT:

Jenny Austin-Krzemien  
Concierge Care Advisors

Members at Large:

Lynessa Stone  
Advanced Health Care

Elizabeth Catterson  
Envision Home Health  
and Hospice

Carole Velez  
Franke Tobey Jones

Cheryl Teifke  
Multicare Home Health  
and Hospice

Tina Baril  
Monarch Transitions

DeAnn Johnson



# HCPC News

**Free Pierce County Caregiver Conference** will happen on Tuesday, June 13 from 9:30 AM to 2:30 PM on ZOOM. Pierce County Aging and Disability Resource produces this conference in partnership with the Health Care Providers Council of Pierce County. The Conference this year features four excellent speakers. Conference attendees who tune in for all four presentations can earn two hours of DSHS Continuing Education Credits. There will also be an online community resource fair. More information and registration to attend this ZOOM conference is now available at <https://www.piercecountywa.gov/8079/Caregiver-Conference2023> or [www.pierceedrc.org](http://www.pierceedrc.org).

Our July HCPC meeting is our third annual **Christmas in July** event! Wear your tropical holiday best and bring a raffle basket as we fundraise for Pierce County senior centers and other charities. Sign up to bring a basket at the June meeting or [email us](#) to let us know you're bringing a basket!

Join us at Spanaway Lake on Thursday, August 24th from 3pm-6pm for our **1st Annual HCPC Summer BBQ!** BYOB&C (Beverage and Chair) as we enjoy the summer weather, mingle with families and maybe even meet your friendly dogs! More info coming soon.

You can find the downloadable and printable **All-Star Caregiver nomination form** as well as the online version on the [HCPC website](#). **Please share this form with your residents, clients, patients, families and friends.** Make sure your caregiving staff are recognized and honored at the annual appreciation event. Nominations are accepted now through August 18th to be considered. The event will be hosted at Weatherly Inn Tacoma on Thursday, September 14th from 5pm-7pm.

Save The Date! The Annual **Pierce County Alzheimer's Disease Conference** will happen this year on Saturday, October 7, at Rainier View Christian Church, located at 12305 Spanaway Loop Road South, Tacoma, WA 98444.

**Making the Link** is back and will be on Wednesday, October 18th at the STAR Center. The next committee meeting is on Wednesday, June 21st via Zoom.

Please 'Like' our [Facebook page](#) to stay up to date with our events and information. Check out our [LinkedIn Page!](#)

As always, **THANK YOU** to [Mountain View Funeral Home and Cemetary](#) for hosting us monthly.

Happy Father's Day

## June Facts:

June is Pride Month, PTSD Awareness Month, Alzheimer's Brain and Awareness Month, and Great Outdoors Month!

June 8th

National Best Friends Day

June 10th

Global Wellness Day

June 13th

National Weed Your Garden Day

June 14th

Flag Day

June 17th

National Root Beer Day

June 18th

Father's Day

June 19th

Juneteenth

June 21st

Summer Solstice

June 23rd

National Take Your Dog to Work Day

June 27th

National Bingo Day

June 28th

Stonewall Riots Anniversary

June 30th

National Food Truck Day

## HCPC Information and Upcoming Events in the County...

### Pierce County Fall Prevention Coalition Seeking Members

The Pierce County Fall Prevention Coalition invites you to join us in our mission to reduce, and hopefully eliminate, the disabling injuries that can happen when an older adult falls. Our coalition consists of dedicated partners who promote the importance of Fall Prevention within our professional work. As a professional working with older adults, you may already know that each year in the United States, nearly one-third of older adults experiences a fall. About one out of ten falls among older adults results in serious injuries, such as hip fractures or head trauma, that require hospitalization. Many older adults injured during a fall spend at least one year recovering in a long-term care facility, and some never return to their homes again. Sadly, falls are the leading cause of injury deaths among older adults. You can find more information at the Pierce County Fall Prevention Coalition website at <https://fallsfreepiercecouny.org>. If you have questions and/or would like to become a coalition partner, please email Matt Santelli at [matthew.santelli@piercecounywa.gov](mailto:matthew.santelli@piercecounywa.gov).

### The Alzheimer's Association Offers Free Webinars

Advancing the Science: The Latest in Alzheimer's & Dementia Research

June 20, 5 - 6:30 PM

Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning

June 30, 3 - 4:30 PM

Effective Communication Strategies

June 26, 10:30 AM - 12 PM

Understanding Alzheimer's and Dementia

June 16, 1 - 2:30 PM

To learn more or to register, please call 800.272.3900 or visit them online at:

[https://www.alz.org/alzwa/helping\\_you/education](https://www.alz.org/alzwa/helping_you/education)

### Free Aging Smart Educational Workshops In Gig Harbor

Aging Smart is a group of Gig Harbor professionals with a common goal: Educating people to make smart decisions as they age. Believing the best results come from pro-active planning. These workshops are free and open to the public, no need to sign up – just show up! Happening the second Wednesday of the month at 1:00 PM at the Fellowship Hall of Peninsula Lutheran Church, located at 6509 38th Ave NW, Gig Harbor, WA 98335. Sweets and treats are served at these workshops. The featured topic on Wednesday, June 14 will be "Financial Planning and Veterans Benefits". Find more information on this and future workshop topics at [www.agingsmarteducationalworkshops.org](http://www.agingsmarteducationalworkshops.org). Any questions? Contact Rebecca Rainsberger at 253-509-2340.

### NETWORKING OPPORTUNITIES

**Aging and LTC Providers Network** - ONLINE First Thursday of each month, 8 – 9 AM Meets online. By phone at 253-215-8782 or 888-788-0099; Meeting ID: 995 2118 8402

**East Pierce County Senior Providers Network** Third Tuesday of each month, 8 AM Location varies monthly Contact Cyndi Anderson Roberts at [cyndi@pegasuslifts.com](mailto:cyndi@pegasuslifts.com) or 253-312-0415

**South End (King County) Coalition** Third Wednesday of each month at 8:15 – 9:15 AM Held online. Contact Lilia Anderson for details or visit [www.secoalition.com](http://www.secoalition.com)

**NW Networking** Meets Wednesdays at 11:45 AM in Puyallup Contact Lisa Doyle, CayCare, 253-237-1739 or visit Facebook page

**Senior Providers Networking Group** - Third Thursday every month from 1:00 PM – 2:00 PM Meets in person at various senior living communities throughout Pierce, King, and Thurston Counties Contact Debbie Ruvo at 253-370-1947

*If you have events or announcements you'd like to us to promote in our upcoming newsletters, email us at [admin@healthcareproviderscouncil.org](mailto:admin@healthcareproviderscouncil.org). Space is limited.*

