**HEALTH CARE PROVIDERS** COUNCIL OF PIERCE COUNTY **NEWSLETTER** SEPTEMBER 2023



### **September Meeting**

Thursday, September 14th Breakfast 8:30am Meeting 9am

Mountain View **Funeral Home** 4100 Steilacoom Blvd SW Lakewood WA

> Celebration of Life Chapel

**Connie Duty Medicare Solutions** 

**Deirdre Bulmann** 1st Choice Advisory **Services** 

## After Hours

Hosted by Rebecca Rainsberger, Tina Baril, and Beth Rahman

**Tuesday, September 26th** Cooper's Food and Drink 4-6pm

#### **President's Letter**

Aloha HCPC Ohana 🌺

Thank you to all those that attended our first HCPC Summer BBQ!! GOOD food & GREAT people.... perhaps the start of a tradition??

It's September and it's about to get CRAZY busy for HCPC. We have CAREGIVERS to CELEBRATE at the All-Star Caregivers Awards Reception this week, and right around the corner in October we will be EDUCATING & offering RESOURCES for families at the Alzheimer's Conference AND Making the Link with healthcare professionals!

We had 144 caregiver nominations this year, which is INCREDIBLE!! Thank you valued SPONSORS and members for spreading the word and getting those nomination forms submitted. We have some AMAZING CAREGIVERS to share with the rest of you! Tickets are sold ONLY on the HCPC website and will NOT be sold at the door so be sure to get your ticket soon!

And will you be a vendor this year at the Alzheimer's Conference and/or at Making the Link?? BOTH are going to be TREMENDOUS events!! Vendor registration will be closing soon, don't miss it!

Hope to see you all of you at our September meeting, this Thursday. This month our Meeting Sponsor is Connie Duty updating us on Medicare. We also get to learn more about 1st Choice Advisory Services, from Deirdre Bulmann our Breakfast Sponsor. And three of our members are teaming up to bring us Business After Hours this month- Rebecca Rainsberger from Longbridge Financial, Tina Baril from Monarch Transitions, and Beth Rahman from Rahman Home Sales. You won't want to miss this one on September 26th!

Aloha and a hui ho 🎨



## HCPC Board Members

President:

Trish Cooper Enable Dental

Vice President:
Beth Rahman
Rahman Home Sales

Secretary: Rebecca Brooks

Treasurer:

Tawnya Krall Garden Courte Memory Care

Membership/IT:

Jenny Austin-Krzemien Concierge Care Advisors

Members at Large:
Lynessa Stone
Advanced Health Care

Elizabeth Catterson Envision Home Health and Hospice

Carole Velez Franke Tobey Jones

Cheryl Teifke Multicare Home Health and Hospice

Tina Baril Monarch Transitions

> DeAnn Johnson Amedisys



#### **HCPC News**

Welcome to our new HCPC Members! Thank you for joining!

- Melissa Brown, Senior Helpers
- Ashley Fields, Weatherly Inn
- Melissa McPherson, Orchard Park
- Marty Wittman, Premium Healthcare Products
- · Aryk Davenport, Cascade Cares
- · Imani Davis, Envision Healthcare at Home
- Lilia Anderson, GenCare Lifestyle at Point Ruston
- Hannah Zimmerman, GenCare Lifestyle at Point Ruston
- Karen Tollefson, Sound Signings Mobile Notary Services
- Marian McGunagle, Visting Angels Tacoma
- Cindy Corier, Right at Home Pierce County
- · Gilbert Maina, Credible Staffing
- · Victoria Starr Marshall, 3rd Act Magazine
- Daria Nunez, Providence Health Services

Tickets are still available for the All-Star Caregivers Recognition Awards on September 14th at Weatherly Inn Tacoma. You can buy them online, but not at the door! We are so excited to honor the hardworking caregivers in our communities.

You have until Friday, 9/15 to <u>register</u> <u>for a vendor table</u> for the upcoming **Alzheimer's Conference on 10/7**! See Page 4 of this newsletter for more info!

Thank you to our 2023 Alzheimer's Conterence Premier Sponsors!



Friday, 9/15 is also the deadline to register for a vendor table for Making the Link! MTL is on 10/18 at the STAR Center. See page 5 of this newsletter for more info!

#### Friendly HCPC Meeting Reminders:

Unless you are the meeting sponsor, breakfast sponsor, or the business after hours sponsor, please do not put promotional items on the tables at the monthly meeting. Use the table in the back. PLEASE take all items with you when you leave.



### **September Facts:**

World Alzheimer's Month National Recovery Month Prostate Cancer Awareness Month Hispanic Heritage Month

September 12th Chocolate Milk Shake Day

September 13th National Celiac Disease Awareness Day

> September 15th Rosh Hashanah

September 18th Cheeseburger Day

September 21st International Day of Peace

September 21st World Alzheimer's Day

> September 23rd Autumn Equinox

September 25th National Quesadilla Day

September 28th National Good Neighbor Day

> September 29th National Coffee Day



#### **HCPC Information and Upcoming Events in the County...**

The National Aging in Place Council® is a senior support network. We work together to solve your problems. NAIPC® was founded on the belief that an overwhelming majority of older Americans want to remain in their homes for as long as possible, but lack awareness of home and community-based services that make independent living possible. Our members are experts in healthcare, financial services, elder law, design and home remodeling. We are dedicated to helping meet the needs of our aging population, and assist you so that you can remain independent in the housing of your choice. Contact Rebecca Rainsberger at 253-509-2340 if you are interested in joining!

Millennial Provider's Network (MPN) is an open meeting created for professionals serving seniors around the Puget Sound. These Happy Hour meetings are held on the 3rd Wednesday of each month. These meetings rotate locations around Pierce County. Please join us for libations and conversations, and invite those you feel may be interested. "Our goal is to elevate, inspire and educate like minded senior healthcare professionals." Please join us for our next Millennial Providers Happy Hour at E9 Firehouse & Gastropub on September 20th from 3:30PM- 5:30PM.

#### Visiting Angels Tacoma Offers Home Care Aide and Safety Training

Home Care Aide 75 Hours DSHS Training: October 7, 14, 21, 28, Nov 4

- Blended learning: 43 hours On-Line + 32 hours in-classroom for Dementia, Mental Health and hands-on HCA Skills
- Classes may be taken individually for CE credit (8 hours each for Dementia & Mental Health - \$100 per class)
- Cost: \$450

CPR, AED & 1st Training: Sat Sept 30 at 9 AM to 2:30 PM = 3 CEUs

• Cost: \$50

Location: Visiting Angels Tacoma - 1401 S Union Ave, 98405

Contact: Marian at 253.537.3700

#### Walk To End Alzheimer's at Dune Peninsula Park

This Month Join the Pierce County Walk To End Alzheimer's Disease on Saturday, September 23 from 10 AM to 1 PM at Dune Peninsula Park, 5361 Yacht Club Road, Tacoma, WA 98407. Come walk to support the cause as an individual or as a member of a team to raise funds for the Alzheimer's Association. You can email the Walk Planning Team to attend at <a href="mailto:piercecountywalk@alz.org">piercecountywalk@alz.org</a> or call 206-529-3861.

- Please 'Like' our <u>Facebook page</u> to stay up to date with our events and information. Check out our <u>LinkedIn Page!</u>
- As always, **THANK YOU** to <u>Mountain View Funeral Home and Cemetary</u> for hosting us monthly.
- If you have relevant information to share in our newsletter, please submit to <a href="mailto:admin@healthcareproviderscouncil.org">admin@healthcareproviderscouncil.org</a>. If space and time allows we will try to share your information.
- Our meetings are always on the second Thursday of each month at Mountain View Funeral Home- Celebration of Life Chapel.
- Breakfast/networking at 8:30am and Meeting starts at 9am.

# 2023 HEPC COUNCIL of Pierce County ALZHEIMER'S

## CONFERENCE

SAT, OCTOBER 7, 2023

RAINIER VIEW CHRISTIAN CHURCH 12305 SPANAWAY LOOP ROAD S TACOMA, WA 98444



# Transitions in the World of Alzheimer's

FREE EVENT - Register Today, Call 253-798-4600 - www.piercecountywa.gov/alzheimersconference

Doors Open at 8 am

3 Continuing Education Credits (CEUs) for eligible caregivers

- Elder Law and Financial Legal and financial experts sharing information about protecting your assets, your legal rights and getting your loved one the care they deserve without burning out. And learn about the unlimited options to cover the cost of healthcare with tax-free funds, a bridge to maximize Social Security benefits and more!
- Caregiver Mental Health, Accessing Community Resources & Support, and Finding DME Equipment - Educated healthcare professionals sharing the importance of caregivers mental health, how to access helpful community resources and support, and how to find durable medical equipment for your loved one!
- Safety at Home, Challenging Behaviors, Hope, Help, & Your Legacy These professionals share their expertise during our breakout sessions, be sure to select the breakout of your choice!
- Carolyn Birrell Author of *Walking with Fay*, shares her personal story of bravery, honesty, and an uncharted journey into dementia!

Pierce County Aging & Disability Resources and Health Care Providers Council of Pierce County Present:



Wednesday, October 18th 10am-3pm MetroParks STAR Center 3873 S. 66th St., Tacoma



## Free Event!



Scan QR code to register

First 25 people to register will receive a \$5 Starbucks Giftcard!

Annual Information, Resources, Services and Supports Expo.

For health care and social service professionals and others serving the needs of older adults and individuals with disabilities.

What's in Pierce County? How best to connect?

Case managers can receive 1 CCMC approved credit during the event.



