



# HPCPC HEALTH CARE PROVIDERS COUNCIL of Pierce County

## January Meeting

Thursday, January 11th  
Breakfast 8:30am  
Meeting 9am

**Lighthouse Senior Center**  
5016 A St, Tacoma, 98408

### Meeting Sponsor

Phil Natsiopoulos,  
Melanie Walch,  
& Eric Hayes

Always Best Care

### Breakfast Sponsor

Ann Southard-Ferrell  
Family Resource Home  
Care

### Beverage Sponsor

Ranny Ray  
Team Ray



## **PRESIDENT'S LETTER**

**Aloha HCPC Ohana**

**THANK YOU MEMBERS** for your valued membership and continued support!! 2023 was a record-breaking year for HCPC and we could not have done it without YOU!!!

**We were able to donate 4 bags of WINTER GEAR per SENIOR CENTER, as well as, a \$1200 CHECK to 19 SENIOR CENTERS in Pierce County AND donate a \$500 CHECK to 4 OTHER CHARITIES!!!! Another HUGE THANK YOU to the volunteers on the December Meeting Committee!!! FABULOUS job!!!**

**Alright people this will really be THE TEST if you read the newsletter;**

**DUE TO UNFORESEEN CIRCUMSTANCES, OUR MEETING SPACE FOR JANUARY 2024 WILL BE AT;**

**LIGHTHOUSE SENIOR ACTIVITY CENTER**  
5016 A St.  
Tacoma, 98408

**We look forward to learning from our Meeting Sponsor, Phil, from Always Best Care, on the services and programs they provide, while we enjoy a delightful homemade breakfast from our Breakfast Sponsor, Family Resource Home Care! Ann will share with us what it's like to be a part of this wonderful family and all they have to offer their clients. And we've added the additional Beverage Sponsor in 2024! We'll also hear from Ranny, with Team Ray Real Estate and learn more about their services to seniors. Can't wait!**

**Hope to see you all at the Lighthouse Senior Activity Center on Thursday!**

**A hui hou,**

*Trish*

# HCPC Board Members

President:

Trish Cooper  
Enable Dental

Vice President:

Beth Rahman  
Rahman Home Sales

Secretary:

Elizabeth Catterson  
Envision Healthcare at Home

Treasurer:

Tawnya Krall  
Garden Courte Memory Care

Chief Technology Officer:

Jenny Austin-Krzemien  
Concierge Care Advisors

Members at Large:

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Advanced Health Care

Carole Velez  
Franke Tobey Jones

Cheryl Teifke  
Multicare Home Health  
and Hospice

Tina Baril  
Monarch Transitions

Liz Ann Johnson  
Elder Law

Michelle Wyse  
Wyse Senior Solutions

Michelle Apodaca  
Continuum Care Hospice

Phil Natsiopoulos  
Always Best Care

# HCPC News

## Join an HCPC Committee

January is committee sign up time! HCPC puts on a number of events throughout the year that are planned by committees. Joining a committee is a great way to get involved in HCPC and build relationships in HCPC. Please see descriptions of the committees below. If you would like to join a committee but cannot attend the January HCPC Meeting please email President Trish Cooper at: [president@healthcareproviderscouncil.org](mailto:president@healthcareproviderscouncil.org).

**Parkinson's Conference-** Our annual Parkinson's Conference is a day long conference focusing on families and caregivers of those with Parkinson's Disease. HCPC Partners with the American Parkinson's Disease Association Northwest Chapter to put on this event. Last year we had approx. 200 attendees. The committee will be working to find topics and speakers that are of interest to the audience, as well as finding sponsors and vendors, and promoting this event.

**Pierce County Caregiver Conference-** This event is in partnership with Pierce County Aging and Disability Resources. The event is aimed at caregivers who are caring for a family member or friend. This will be the event's first year in-person. The committee will work to find a structure for this first time in-person event, find speakers and topics, as well as promote the event.

**Alzheimer's Conference-** Similar to our Parkinson's Conference, the Alzheimer's Conference is targeted at families and caregivers of people with Alzheimer's Disease or Dementia. This is a very popular and growing community event. The committee chooses speakers and topics, finds vendors and sponsors, and promotes the event.

**All-Star Caregiver Awards-** The All-Star Caregiver Awards honors outstanding caregivers in our community. 2023 had a record breaking number of nominations. The committee is responsible for getting the word out about the nomination process, collecting nominations, choosing award winners and planning the award reception.

**Making the Link-** Making the Link is a popular industry event co-hosted by the Pierce County ADRC that invites hospital staff and other healthcare workers to make the link with the resources available to those they serve in the community. The committee plans and carries out the event, invites care managers, advertises and promotes the event, and finds sponsors and vendors.

**Bob Riler Community Service Award-** This committee is responsible for collecting nominations for the Bob Riler Community Service Award. Bob was a leader in our industry and the community, this award honors his memory and thanks people who work tirelessly to improve the lives of seniors in our community.

**Christmas Committee-** We all know the Christmas meeting is the most fun meeting of the year! The Christmas Committee plans the party, finds silent auction items, invites our senior centers and other guests to attend and coordinates the all the happenings of the party. They also coordinate the donation of cold weather items to donate to seniors. In 2024 we also plan to add a coat drive.

# January Facts:

January is National Soup Month,  
National Bath Safety Month and  
National Blood Donor Month

January 9th  
National Law  
Enforcement  
Appreciation Day

January 12th  
National Pharmacists Day

January 13th  
National Sticker Day

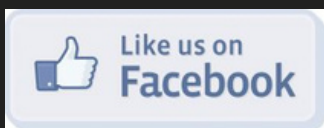
January 15th  
Martin Luther King Jr. Day

January 19th  
National Popcorn Day

January 20th  
National Cheese Lover's  
Day

January 24th  
National Compliment Day

January 27th  
Holocaust Remembrance  
Day



If you have relevant information to share in our newsletter, please submit to [secretary@healthcareproviderscouncil.org](mailto:secretary@healthcareproviderscouncil.org). If space and time allows we will try to share your information.

## Welcome to our new HCPC Members! Thank you for joining!

- Denise Taylor, Village Green
- Maria Workman, MJ Gutenberg
- Melanie Walch, Always Best Care
- Emily Schimitschek, Care Patrol

## HCPC Information and Upcoming Events in the County...

The **National Aging in Place Council®** is a senior support network. We work together to solve your problems. NAIPC® was founded on the belief that an overwhelming majority of older Americans want to remain in their homes for as long as possible, but lack awareness of home and community-based services that make independent living possible. Our members are experts in healthcare, financial services, elder law, design and home remodeling. We are dedicated to helping meet the needs of our aging population, and assist you so that you can remain independent in the housing of your choice. Contact Rebecca Rainsberger at 253-509-2340 if you are interested in joining!

### Visiting Angels Tacoma Offers Home Care Aide And Safety Training

**Home Care Aide:** 75 Hours DSHS Training: Jan 20, 27, Feb 3, 10, 17

- Blended learning: 43 hours On-Line + 32 Hours in-classroom for Dementia, Mental Health and hands-on HCA Skills
- Cost: \$450
- Classes may be taken individually for CE credit (8 hrs each for Dementia & Mental Health - \$100 per class)

**HCA Skills 1-on-1 Training:** Preparation for the HCA state test

- Cost: \$35 per hour

**End of Life Care:** Wed Jan 17 at 1pm to 5pm = 4 CEUs

- Cost: \$40

**CPR, AED & 1st Training:** Sat Jan 13 at 9am to 2:30pm

- Cost: \$50

Location: Visiting Angels Tacoma - 1401 S Union Ave, 98405

Contact: Marian at 253.537.3700

## Let's Have a Conversation About Hospice

**LET'S HAVE A CONVERSATION ABOUT HOSPICE**

Learn the truth about hospice- what is it, who qualifies, when is it time for hospice?

Wednesday, January 31st at 2 PM  
Deer Ridge Memory Care  
3901 5th St SE, Puyallup  
253-446-7892

**ENVISION HEALTHCARE AT HOME**  
HOSPICE

**DEER RIDGE**  
MEMORY CARE COMMUNITY  
Kaiser Commission 1 Since 1958

**MARTIN LUTHER KING JR DAY**

"Life's most persistent and urgent question is, 'What are you doing for others?'"  
-Martin Luther King Jr

**HCPC**  
HEALTH CARE PROVIDERS COUNCIL of Pierce County

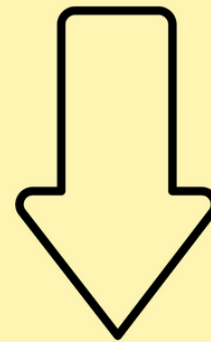
# THE JANUARY MEETING HAS MOVED

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**THUR. 1/11**  
**8:45AM**

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LIGHTHOUSE SENIOR  
ACTIVITY CENTER  
**5016 A ST., TACOMA**



TO A  
**NEW**  
LOCATION



SCREENSHOT TO REMEMBER!  
SEE YOU THERE!

# JANUARY MEETING

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**HCPC** HEALTH CARE PROVIDERS  
COUNCIL of Pierce County

Meeting Sponsor



**Always Best Care**  
senior services®

Beverage Sponsor

**TEAM RAY & Co.**

Ranny Ray Real Estate

Breakfast Sponsor

family   
resource  
home care



**HCPC** HEALTH CARE PROVIDERS  
COUNCIL of Pierce County