HEALTH CARE PROVIDERS COUNCIL OF PIERCE COUNTY NEWSLETTER MARCH 2024

## HEPC HEALTH CARE PROVIDERS COUNCIL of Pierce County

### **March Meeting**

Thursday, March 14th Breakfast 8:30am Meeting 9am

Mountain View Funeral Home <u>4100 Steilacoom Blvd SW</u> <u>Lakewood WA</u> Celebration of Life Center

### **Meeting Sponsor**

Cindy Hileman & Julianne Gibson <u>Real Estate 55+</u>

#### **Breakfast Sponsor**

Michelle Apodaca <u>Continuum Hospice</u>

### **Beverage Sponsor**

Jenny Austin-Krzemien, Tabitha White, & Kelsey Jochum <u>Concierge Care Advisors</u>

**Business After Hours** 

Talia Chipman <u>Fieldstone Memory Care</u> <u>Puyallup</u>

### PRESIDENT'S LETTER

### Aloha HCPC Ohana 🍀

Thank you members who attended the February meeting! Thank you for your flexibility, cooperation, and continued support! Everyone working together to clear the room and the parking lot, for the funeral service that was scheduled that day, was teamwork at it's BEST!! I hope the service went well and the family wasn't too hard on the Mountain View staff!!

We appreciate Mountain View Funeral Home for their neverending generosity and graciousness, for these past six years, giving HCPC the perfect meeting space and allowing us to grow our membership into what it is today, over 210 members!! INCREDIBLE you guys....just INCREDIBLE!! The board has been looking at possible new meeting spaces for some time and I think we may have nailed it. We will be trying a <u>NEW LOCATION FOR THE APRIL MEETING</u> - please watch for details.

We look forward to seeing all of you this week for our MARCH meeting at Mountain View. We will hear what's happening with our Sponsors; Real Estate 55+ Meeting Sponsor, Continuum Care Hospice Breakfast Sponsor and Concierge Care Advisors Beverage Sponsor - THANK YOU Sponsors!!

Lastly, look for upcoming vendor and sponsorship opportunities for the Parkinson's Conference and the All-Star Caregiver Awards Dinner. Have you, your familes, or your teams submitted their favorite Caregivers nominations?? Make sure that special caregiver that stands out gets recognized!!

A hui hou

### **HCPC Board Members**

President: Trish Cooper Enable Dental

Vice President: Beth Rahman Rahman Home Sales

#### Secretary:

Elizabeth Catterson Envision Healthcare at Home

#### Treasurer:

Tawnya Krall Garden Courte Memory Care

Chief Technology Officer: Jenny Austin-Krzemien

Concierge Care Advisors Members at Large:

Lynessa Stone Advanced Health Care

Carole Velez Franke Tobey Jones

Cheryl Teifke Multicare Home Health and Hospice

Tina Baril Monarch Transitions

Liz Ann Johnson Elder Law

Michelle Wyse Wyse Senior Solutions

Michelle Apodaca Continuum Care Hospice

> Phil Natsiopoulos Always Best Care

### **HCPC** News

### Welcome to our new HCPC Members! Thank you for joining!

- Althea Sanders, Medicare Exchange
- Ryan Linford, Bankers Life
- · Jennifer Schafer, Tacoma Pierce County Health Department
- Rachel Wenholz, Metro Parks Tacoma
- · Laura Badeaux, Alzheimer's Association

#### Share Your Story About Bob Riler



The Bob Riler Community Service Award Committee is asking for your help! We would like those of you that knew Bob to record a short statement or story about how he served seniors or about interactions you had with him at meetings or events. We will have the equipment available at the March 14th meeting. The purpose of this is to help the members that didn't know Bob gain a better understanding of what qualities we are looking for in the nominees for the award.

### Vender Registration for the Parkinson's Event Opens Friday

### Live Well South Sound PARKINSON'S Event

Friday, April 26, 2024 9 AM-3:30 PM

Rainier View Christian Church Tacoma

This will be a day designed to educate, inspire and empower those impacted by Parkinson's disease. Register now for your chance to be a resource and source of encouragement for attendees.

#### Presented By: AMERICAN PARKINSON DISEASE ASSOCIATION



Register at: healthcareproviderscouncil.org



### Vendor Booths Full Table - \$225 Half Table - \$125

Vendor Registration opens Friday, March 15th and will be open until Friday, March 24th on the HCPC Website.

Space is limited so make sure to register ASAP!

Vendors must be current HCPC Members in good standing (dues paid).

## Upcoming HCPC Events:

Mark your calendars for these great events!

### March Business After Hours Thursday, March 21st 4-6 PM Fieldstone Memory Care Puyallup



**Parkinson's Conference** Friday, April 26th

Vender Registration Opens Friday, March 15th



All-Star Caregiver Awards Thursday, May 2nd

Vender Registration Opens Now!

> Now Accepting Nominations!





### All-Star Caregiver Awards



Nomination Form Available at:

healthcareproviderscouncil.org

SCAN FOR NOMINATION FORM



6PC

Event sponsorships are open now and available on the HCPC website

RECOGNITION AWARDS

Nominate Your Caregiver!

Nominate your caregiver for the 2024 Pierce

County All-Star Caregiver Awards. Nominations

are open Now and due by Monday, April 1st.

### \$100 Event Sponsor

- Social Media Recognition
- Printed Program Recognition

### \$250 All-Star Sponsor

- Social Media Recognition
- On Stage Recognition at Event
- Printed Program Recognition

### HCPC Information and Upcoming Events in the County...

The **National Aging in Place Council**® is a senior support network. We work together to solve your problems. NAIPC® was founded on the belief that an overwhelming majority of older Americans want to remain in their homes for as long as possible, but lack awareness of home and community-based services that make independent living possible. Our members are experts in healthcare, financial services, elder law, design and home remodeling. We are dedicated to helping meet the needs of our aging population, and assist you so that you can remain independent in the housing of your choice. Contact Rebecca Rainsberger at 253-509-2340 if you are interested in joining!

#### **Visiting Angels Tacoma Offers Home Care Aide And Safety Training** Here are the current offerings provided by Visiting Angels Tacoma:

- Home Care Aide: 75 Hours DSHS Training: March 2, 9, 16, 23, 30, learning: 43 hours On-Line + 32 Hours in-classroom for
- Dementia, Mental Health and hands-on HCA Skills
  Classes may be taken individually for CE credit (8 hrs. each for Dementia & Mental Health - \$100 per class)
- Congestive Heart Failure: Wed March 13 at 2 PM to 4 PM
  2 CEUs -\$25

Location: Visiting Angels Tacoma - 1401 S Union Ave, 98405 Contact: Marian at 253.537.3700



### **March Facts:**

March is National Social Worker Month, Women's History Month, Multiple Sclerosis Awareness Month, National Kidney Month, National <u>Nutrition Month</u>

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March 6th National Dentists Day

March 8th International Women's Day

March 10th Daylight Savings Time

March 11th National Funeral Directors & Morticians Day

March 12th National Working Moms Day

**March 13th** National Registered Dietitian Nutritionist Day

> March 14th Pi Day World Kidney Day

March 16th National Panda Day

March 17th St. Patrick's Day

March 19th First Day of Spring World Social Work Day







RSVP @ Marketing@CascadeCares.com

FIELDSTONE

PUYALLUP

BUSINESS

**AFTER-HOURS** 

ST. PATRICKS DAY

CELEBRATION

BEERS - BRATS - PRETZELS

4:00 - 6:00 PM | MAR 21ST

2121 S MERIDIAN | PUYALLUP | 98371

FIELDSTONE MEMORY CARE PUYALLUP

#### People's Senior Living Spring Solstice Party Location: 1720 E 67th St, Tacoma RSVP by emailing: Marketing@CascadeCares.com

Here's what you can look forward to: Delicious Catered Food, Refreshing Drinks, Meet the Cascade Senior Living Leadership Team!

Whether you've been a long-time partner of our community or you're curious about what we have in store, this event is the perfect opportunity to connect, engage, and learn more about our exciting future endeavors. March 20th World Oral Health Day

March 21st National Memory Day

March 23rd National Puppy Day

March 25th National Metal of Honor Day

March 27th World Theater Day

March 29th National Vietnam Veterans Day

March 30th National Doctor's Day

> March 31st Easter Sunday

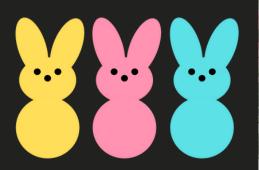
**April 1st** April Fool's Day

**April 1st-7th** National Public Health Week

**April 2nd** World Autism Awareness Day

April 5th-9th National Wildlife Week

**April 7th** World Health Day National Beer Day



Calling all Pierce County and Puyallup health and senior organizations!

Join us for our Spring Into Health Fair on April 20th, 2024, from 11:00 AM to 3:00 PM at Puyallup Activity Center 210 W Pioneer Ave, Puyallup, WA 98371. This exciting event aims to promote healthy living, well-being, and essential knowledge for seniors and their families in our community.

Space is limited, so submit your vendor application by March 11th, 2024! While application submission doesn't guarantee acceptance, selected vendors will be notified via email with further details. Why join?

- Reach a passionate audience: Connect directly with seniors and families interested in health and wellness resources.
- Promote your organization: Share your valuable services and raise awareness in our community.
- Make a positive impact: Contribute to a vibrant event fostering healthy living amongst local seniors.

Vendor requirements:

- Be a health care or senior-related organization serving Pierce County or Puyallup.
- Offer a healthy food option (e.g., fresh fruit, nuts, healthy bars) for 50 attendees.
- Provide educational materials at your booth (no sales allowed during the event).
- Bring fun and engaging activities to attract visitors (e.g., giveaways, prize wheels).

• Wear bright and cheerful attire to add to the festive atmosphere. Don't miss this opportunity to connect, educate, and empower our local seniors and families! Submit your application today!

CITY OF PUYALLUP ACTIVITY CENTER PRESENTS

## INTO HEALTH FAIR

### FREE SENIOR EVENT

This is a family friendly event, open to all ages, but vendors are geared toward older adults.

Saturday, April 20th, 2024

**llam-3pm** Puyallup Activity Center 210 W Pioneer Puyallup, WA 98371

FOOD | VENDORS | EDUCATION | HULA SHOW

Performance at 1:00 pm by Hula Halau 'O Keala'akua Naniloa Mana'oakamai Learn to Hula under the direction of Kumu Hula Kanoelani Galiza







Want your event in the HCPC Newsletter?

If you have relevant information to share in our newsletter, please submit to secretary@healthca reproviderscouncil.o rg. If space and time allows we will try to share your information.

# **Challenges of Aging**

DEMENTIA AND DEPRESSION IN THE ELDERLY

#### AN EVENING WITH DOUGLAS P. WORNELL

Dr. Doug Wornell, a geriatric psychiatrist specializing in dementia care, has published two books and treated over 20.000 patients during his career. Join us as he shares from over 35 years of experience meeting the needs of those living with memory loss, including over 15 years with Weatherly Inn.



MARCH 14, 6-7PM | REFRESHMENTS WILL BE SERVED



6016 N Highlands Pkwy Tacoma, WA 98406 (253) 752-8550 | weatherlyinn.com



Come meet the



Easter Bunny!!

Come Join us at Senior Helpers of Greater Puyallup for your Easter Bunny photo's!

March 16, 2024 12pm - 4pm

32717 1st Ave. S. Suite 7 Federal Way, WA 98003



