



HCPC HEALTH CARE PROVIDERS COUNCIL of Pierce County

April Meeting

Thursday, April 11th
Breakfast 8:30am
Meeting 9am

NEW LOCATION!

Cogir at the Narrows

8201 6th Ave

Tacoma, WA 98406

Meeting Sponsor

Carole Velez
Franke Tobey Jones

Breakfast Sponsor

Jason McFarland
NuMotion

Beverage Sponsor

Ashlee Lowe
Senior Helpers of Greater
Puyallup

Business After Hours

Lisa Doyle
CayCare

PRESIDENT'S LETTER

Aloha HCPC Ohana 🌸

And Aloha SPRING...one of my favorite times of year! As we welcome April showers to bring May flowers, we also welcome the first meeting in our new location this month at Cogir at The Narrows! Thank you so much Cogir Team! Your consideration, support, and willingness to accommodate our group is greatly appreciated!!

This month's Meeting Sponsor, Franke Tobey Jones, shares what's happening at their community. Also Breakfast Sponsor, NuMotion enlightens us on how they help people maintain their independence, while we enjoy the lovely breakfast, created by Chef Evert, of Cogir at The Narrows. We will also learn more about the services our Beverage Sponsor, Senior Helpers of Puyallup provides!

And please help us welcome this month's speaker John Ficker who will give us a legislative update on senior healthcare. Should be a good one!

**See you folks soon and remember,
BE KIND, BE the BEST YOU, and
SPREAD ALOHA 🌈❤️**

Aloha and a hui hou 🌈

Trish

HCPC Board Members

President:

Trish Cooper
Enable Dental

Vice President:

Beth Rahman
Rahman Home Sales

Secretary:

Elizabeth Catterson
Envision Healthcare at Home

Treasurer:

Tawnya Krall
Garden Courte Memory Care

Chief Technology Officer:

Jenny Austin-Krzemien
Concierge Care Advisors

Members at Large:

Lynessa Stone
Advanced Health Care

Carole Velez
Franke Tobey Jones

Cheryl Teifke
Multicare Home Health
and Hospice

Tina Baril
Monarch Transitions

Liz Ann Johnson
Elder Law

Michelle Wyse
Wyse Senior Solutions

Michelle Apodaca
Continuum Care Hospice

Phil Natsiopoulos
Always Best Care

HCPC News & Events

Welcome to our new HCPC Members! Thank you for joining!

- Tina Nutt, Sound Vista Village
- Adam Kanouse, Puget Sound Home Health and Hospice
- Lisa Hutchins, Mountain View Memorial Park and Crematory
- Jeni Jones, Brookdale Puyallup South
- Christine Schlaberg, Home Instead
- Ila Ingbretson, Julian Estates
- Mary Hodgson, Best of Oakes AFH
- Judy Keyt, Careage Home Health
- Nicholas Woog, Loreen & Lane/NW Insurances
- Rachel Rolfs, Rehmke Andreve PS
- Kiaya LeTexier, Rehmke Andreve PS
- Nora Durgin, EverHome Healthcare
- Kendra Marroquin, Girl Friday Notary Services
- Douglas Lane, PhD, ABPP, Olympia Psychology Services



South Sound Parkinson's Conference

Click picture to learn more or register to attend!

Register Today!

PARKINSON'S
Live Well
SOUTH SOUND

Friday, April 26th
10am - 3:30pm
TACOMA

apda AMERICAN PARKINSON DISEASE ASSOCIATION NORTHWEST CHAPTER in partnership with HCPC HEALTH CARE PROVIDERS COUNCIL of Pierce County

Upcoming HCPC Events:

Mark your calendars for these great events!

Parkinson's Conference

Friday, April 26th

Registration now open!



All-Star Caregiver Awards

Thursday, May 2nd

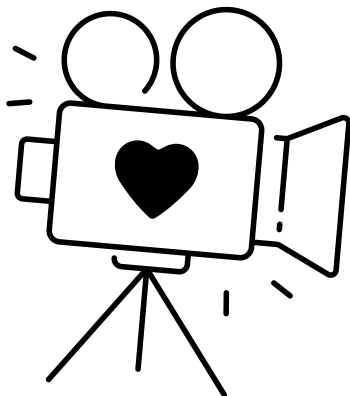
Tickets on sale now!



Pierce County Caregiver Conference

Saturday, June 21st

HCPC Information and Upcoming Events in the County...



Share Your Story About Bob Riler

The Bob Riler Community Service Award Committee is asking for your help! We would like those of you that knew Bob to record a short statement or story about how he served seniors or about interactions you had with him at meetings or events. We will have the equipment available at the March 14th meeting. The purpose of this is to help the members that didn't know Bob gain a better understanding of what qualities we are looking for in the nominees for the award.

BUSINESS AFTER HOURS

Thurs, April 25th
4-6 PM

 Support Elevated
CayCare
Elder Care &
Senior Living Advisors



The Lazy Ballerina
319 S Meridian, Puyallup

APRIL MEETING

Thursday, April 11th

HCPC HEALTH CARE PROVIDERS COUNCIL of Pierce County

Meeting Sponsor

Beverage Sponsor

FRANKIE TOBY JONES

100TH Anniversary 2024

SENIOR Helpers

Breakfast Sponsor

nu motion
Mobility and independence start here.



April Facts & Celebrations:

March is National Pickleball Month, Parkinson's Awareness Month, National Volunteer Month, Occupational Therapy Month, Stress Awareness Month, National Autism Awareness Month



April 10th
National Siblings Day

April 11th
National Pet Day

April 12th
National Only Child Day

April 14th
National Gardening Day

April 15th
Tax Day

April 16th
National Healthcare Decisions Day

April 20th
Volunteer Recognition

April 22nd
Earth Day

April 24th
Administrative Professionals Day

April 26th
Arbor Day



HCPC Information and Upcoming Events in the County...

All-Star Caregiver Awards

Click picture to purchase your tickets!

HCPC
Health Care Provider's Council Presents the
2024 All-Star Caregiver Awards Reception
Thursday, May 2nd, 6:30-8:30 PM
at Weatherly Inn Tacoma, 6016 N. Highlands Parkway
TICKETS ARE \$35 AND WILL NOT BE SOLD AT THE DOOR.
Scan for tickets  Or visit:
healthcareproviderscouncil.org/events
to purchase tickets

Free!
Senior Resource Fair
50+ Social
APRIL 13 2024
12-3pm
STAR CENTER

Come see what Metro Parks Tacoma and other organizations have to offer to seniors in the community! Experience cooking and fitness demos and connect with local resources to support your needs. Enter the raffle to win prizes!

The **National Aging in Place Council®** is a senior support network. We work together to solve your problems. NAIPC® was founded on the belief that an overwhelming majority of older Americans want to remain in their homes for as long as possible, but lack awareness of home and community-based services that make independent living possible. Our members are experts in healthcare, financial services, elder law, design and home remodeling. We are dedicated to helping meet the needs of our aging population, and assist you so that you can remain independent in the housing of your choice. Contact Rebecca Rainsberger at 253-509-2340 if you are interested in joining!

Early May Celebrations:

May 1st
May Day

May 4th
Star Wars Day
National Self Employed Day

May 5th
Cinco de Mayo

May 6th
National Nurses Day

May 7th
National Teacher
Appreciation Day

May 8th
National Student Nurses
Day



— May 12 —

HCPC Information and Upcoming Events in the County...

CITY OF PUYALLUP ACTIVITY CENTER PRESENTS

SPRING INTO HEALTH FAIR

FREE SENIOR EVENT

This is a family friendly event, open to all ages, but vendors are geared toward older adults.

Saturday, April 20th, 2024

11am-3pm
Puyallup Activity Center
210 W Pioneer Puyallup, WA 98371

FOOD | VENDORS | EDUCATION | HULA SHOW

Performance at 1:00 pm
by Hula Halau 'O Keala'akua Nanihoa Mana'oakamai
Learn to Hula under the direction of Kumu Hula Kanoelani Galiza

WEATHERLY INN TACOMA

Community Open House

THURSDAY, APRIL 18 | 12-1:30PM

6016 N HIGHLANDS PKWY, TACOMA, WA 98406

Come by for lunch and a tour of our community. Meet the Weatherly Inn team and our resident ambassadors.
We can't wait to see you there!

FREE SHREDDING

Sat. April 27
8AM-11AM

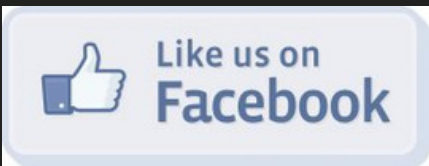
Bring your sensitive documents and get ready to... **SHRED!**

6016 N Highlands Pkwy
Tacoma, WA 98406
(253) 752-8550

Visiting Angels Tacoma Offers Home Care Aide And Safety Training. Here are the current offerings provided by Visiting Angels Tacoma:

- Home Care Aide: 75 Hours DSHS Training: April 20, 27, May 4, 11, 18 learning: 43 hours On-Line + 32 Hours in-classroom for
- Dementia, Mental Health and hands-on HCA Skills • Cost: \$450 • Classes may be taken individually for CE credit (8 hrs. each for Dementia & Mental Health - \$100 per class)
- End of Life Care: Sat April 6 - 9am to 1pm • 4 CEUs - \$40
- CPR, AED & 1st Aid: Sat April 13 at 9am to 2:30pm • 3 CEUs - \$50

Location: Visiting Angels Tacoma - 1401 S Union Ave, 98405
Contact: Marian at 253.537.3700



Campaign Kickoff

Fircrest Community Center
555 Contra Costa Ave, Fircrest, WA 98466

April 13, 2024
4:00 p.m.

RSVP: Info@john4judge.com

JOHN CUMMINGS
for Pierce County Superior Court
JUDGE

You're Invited

ADVANCED HEALTH CARE
Serving Home Care Needs with Compassion

Thursday, May 16, 2024
4:00pm - 6:00pm
Tacoma Country & Golf Club

Come and help us celebrate 40 years!

Want your event in the HCPC Newsletter?

If you have relevant information to share in our newsletter, please submit to secretary@healthcareproviderscouncil.org.

If space and time allows we will try to share your information.

May 8
4:00-6:00pm

Join us for the **Tacoma Happy Hour**

May 8, 4:00-6:00pm
Location: Tacoma Yacht Club
Address: 5401 Yacht Club Road
Tacoma, WA 98407

Click photo to RSVP!

