HEALTH CARE PROVIDERS NEWSLETTER FEBRUARY 2025



Thursday, February 13th Breakfast 8:30am Meeting 9am-10am

Cogir at the Narrows 8021 6th Ave, Tacoma

Meeting Sponsor Kelsey Jochum Concierge Care Advisors

Breakfast Sponsor Phil Natsiopoulos, Melanie Walch, & Eric Hayes <u>Always Best Care</u>

Beverage Sponsor Esther Sirghie **Nexus Wound Consultants**



PRESIDENT'S LETTER

Aloha HCPC Ohana 🌺

Happy Febru-Aloha-ary!! 💚

The month of love and celebration! We have exactly that happening at our upcoming meeting this week. We'll celebrate with our wonderful Monthly Meeting Sponsors; Always Best Care, Nexus Wound Care, and Concierge Care Advisors, along with a fun Bridget Jones' Diary-themed Business After Hours with Envision Hospice, Liz Ann Johnson Elder Law, and Wyse Senior Solutions next week on the 19th. you won't want to miss it!

We are collecting canned food items this year! If you can help out this year, please bring a canned food item every month. All donations will be donated to our friends at Our Church.

Also, event committees are now meeting. Have you joined a committee yet? It's not too late, please let a board member know.

Mark your calendar for the first HCPC Guardianship Summit on Thursday, March 27th!! If you would like to build relationships or work with Certified Professional Guardians then this conference is a MUST! Be sure to keep an eye out for vendor/sponsorship opportunities opening soon.

Aloha and a hui hou 🌈



HCPC Board Members

President:

Trish Cooper Enable Dental

Vice President: Beth Rahman Rahman Home Sales

Secretary:

Elizabeth Catterson Envision Hospice

Treasurer:

Tawnya Krall Garden Courte Memory Care

Chief Technology Officer: Jenny Krzemien Concierge Care Advisors

Members at Large: Lynessa Stone Advanced Health Care

Cheryl Teifke Multicare Home Health and Hospice

Tina Baril Monarch Transitions

Liz Ann Johnson Elder Law

Michelle Wyse
Wyse Senior Solutions

Michelle Apodaca Continuum Care Hospice

Hannah Medina Cogir at the Narrows

Ann Southard-Ferrell Family Resource Home Care

HCPC News & Events

Welcome to our new (& returning) HCPC Members! Thank you for joining!

- Alyssa Rosado, Athena Specialty Group
- Thomas Brooks, Harbor Place Cottesmore
- Jennifer Melville, Deer Ridge Memory Care
- . Bilha Gay, Shiftnex
- . Eric Mills, The Village Senior Living
- Jill L. Lane, New Tacoma Cemeteries, Funeral Home & Crematory
- Mary Cargill, Medicare Exchange
- Tim Bruhn, Bio-One South Sound
- · Jillian Goodrich, Bio-One South Sound
- Ben Douglas, Generations Home Care
- Karyn Forsythe, Providence Home and Community Care
- Susan Maimba, Elevation Home Care, Inc.
- · Lance Rieland, Edward Jones
- · Sharon Arce, iCoach Solutions
- Jody Rivera, Blue Water Notary Services
- Tyler Titgen, Mountain View Funeral Home and Memorial Park
- Josh Burt, Soundview Medical Supply

Membership Note

Friendly reminder that guests are allowed one free meeting before joining. HCPC will now be offering a \$25 per meeting guest pass for repeat visitors who have not joined as members. Membership is \$100 for a one year *individual* membership.

Food Drive

HCPC will be collecting donations of canned and non-perishable food for the food pantry at Our Church at all meetings in 2025. You can bring your donation to any meeting.

NEW! Board Member Spotlight

Meet HCPC Member at Large Lynessa Stone. Lynessa works for Advanced Health Care, a company started by her parents more than 40 years ago! She has worked for the family business for 18 years and has been on and off the HCPC board for those 18 years. Lynessa loves seeing the impact that the caregivers she works with have on the clients they work with.

Lynessa has great advice for new HCPC members, "Force yourself to sit by

someone new and meet people! The greatest resource you have to increase your business is YOU!" She enjoys all the connections she's been able to make in the community being part of HCPC. "We are so blessed with the community resources and good humans that work and operate in this area," she said.

Lynessa stays busy outside of work raising 4 teenagers! Together her family enjoys traveling. Lynessa also loves to cook, and listen to audiobooks and podcasts while in the car marketing. You can reach out to Lynessa at lstone@advanced-healthcare.com or 253-475-7744.



February Facts & Celebrations:

January is National Cancer Prevention Month, National Heart Health Month and, Black History Month

> February 13th Galentines Day

> **February 14th** Valentines Day

February 17th President's Day

February 18thNational Drink Wine Day

February 20th
National Leadership Day
National Love Your Pet Day

February 21st National Caregivers Day

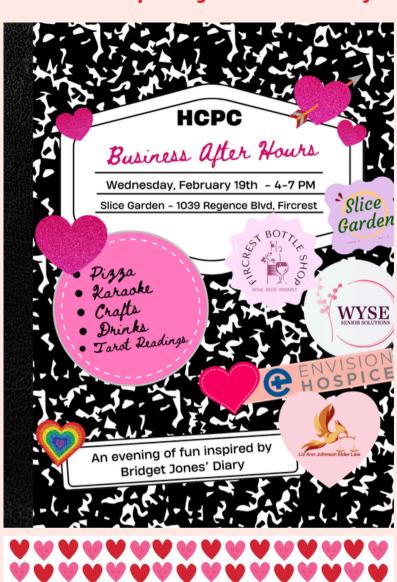
February 22ndNational Margarita Day

February 26thNational Letter to an Elder
Day

February 28th National Rare Disease Day



HCPC Information and Upcoming Events in the County...







JOIN THE VILLAGE SENIOR LIVING FOR OUR

Valentine's Happy Hour

FRIDAY, FEBRUARY 14, 2025

3:30 PM to 4:30 PM 4707 S. Orchard St. | Tacoma, WA

Ignite the spark this Valentine's Day at our Happy Hour!

Enjoy complimentary chocolates and sparkling wine as you craft heartfelt Valentines for your special someone. Capture the moment with fun photos in our Valentine's-themed photo booth.



Early March Celebrations:

March 4th Fat Tuesday / Mardi Gras

March 6th National Dentists Day

March 7th National Hospitalists Day

March 9th Daylight Savings Time





Want your event in the HCPC Newsletter?

If you have relevant information to share in our newsletter, please submit to

secretary@healthcare providerscouncil.org.

If space and time allows we will try to share your information.

HCPC Information and Upcoming Events in the County...



Come See PNW PACE Partners in Action

MultiCare PNW PACE Partners



Drop by during our PACE Tour Days to see how we are making a difference in the lives of our senior participants!

6442 Yakima Ave Tacoma, WA



RSVP appreciated, but not required.

Kara.jovag@multicare.org or
253-569-0953