



HPCPC HEALTH CARE PROVIDERS COUNCIL of Pierce County

Thursday, March 13th
Breakfast 8:30am
Meeting 9am-10am

Cogir at the Narrows
8021 6th Ave, Tacoma

March Sponsors

Meeting Sponsor
Linda Watermeyer
Bemer Group

Breakfast Sponsor
Cindy Hileman
Real Estate 55+

Beverage Sponsor
Ann Southard-Ferrell
Family Resource Home Care

Happy
St. Patrick's
Day

PRESIDENT'S LETTER

Aloha HCPC Ohana 🌸

Happy Febru-Aloha-ary!! ❤️

Happy Daylight Savings!! I LOVE this time of year with Spring right around the corner and Summer not too far behind!! It never fails to bring back the memories of growing up; going to the lake to swim, hang out, catch crawdads under the bridge, riding my bicycle everywhere with my dog, Zeke at my side (a stray that I brought home and my parents surprisingly let me keep), organizing March of Dimes or Ronald McDonald events in the neighborhood, playing outside until the sun set or until my parents yelled for me (by this time, I'm sure I would be in trouble), being silly with my girlfriends, and getting geared up to play softball for another season! Ahhh the good 'ole days...they really were the best!!

I hope this time of year brings YOU aloha, good thoughts and happy memories!!

I am looking forward to seeing all of you this week. We will learn from our sponsors this month; Real Estate 55 Plus, Bemer Group, and Family Resource Home Care. And don't forget March Business After Hours on Thursday, March 20th, at Fieldstone Memory Care, with Talia! Is it on your calendar?? It's on mine!!

May you all continue to grow, learn, and ALWAYS be yourself....because YOU are ONE OF A KIND!!!

Aloha and a hui hou 🌈

Irish

HCPC Board Members

President:

Trish Cooper
Enable Dental

Vice President:

Beth Rahman
Rahman Home Sales

Secretary:

Elizabeth Catterson
Envision Hospice

Treasurer:

Tawnya Krall
Garden Courte Memory Care

Chief Technology Officer:

Jenny Krzemien
Concierge Care Advisors

Members at Large:

Lynessa Stone
Advanced Health Care

Cheryl Teifke
Multicare Home Health
and Hospice

Tina Baril
Monarch Transitions

Liz Ann Johnson
Elder Law

Michelle Wyse
Wyse Senior Solutions

Michelle Apodaca
Accent Care Hospice

Hannah Medina
Cogir at the Narrows

Ann Southard-Ferrell
Family Resource Home Care

HCPC News & Events

Welcome to our new (& returning) HCPC Members! Thank you for joining!

- Olga Milford, Home Team Northwest Real Estate
- Eddah Mbugua, Faraja AFH
- Levi Harrison, Harrison Insurance Group
- Doug Jonson, Thrivent
- Naomi Moeller, Clear Path Senior Living Solutions, Inc
- Kylie Woods, Prestige Senior Living, Rosemont
- Ross Taylor, Fox Ballard PLLC
- Navdeep Maju, Beyond Ride
- Stephen Thordarson, Colt Island Estate Sales
- Cameron Villanueva, Accordion Around the World

Membership Note

Friendly reminder that guests are allowed one free meeting before joining. HCPC will now be offering a \$25 per meeting guest pass for repeat visitors who have not joined as members. Membership is \$100 for a one year *individual* membership.

Food Drive

HCPC will be collecting donations of canned and non-perishable food for the food pantry at Our Church at all meetings in 2025. You can bring your donation to any meeting.

NEW! Board Member Spotlight

Hannah Medina is one of our newest HCPC Board Members. Hannah works for Cogir at the Narrows and has been working in the industry for two years. “I love going to HCPC and being surrounded by dedicated professionals who are truly committed to helping our seniors thrive and enjoy their golden years to the fullest!” Hannah said.

Hannah says new HCPC members should fully immerse themselves in HCPC. “The

more events you participate in, the greater the benefits you'll gain from your membership,” Hannah advised.

Hannah is originally from Texas, where she raised chickens. In her free time Hannah likes hiking with her husband, playing with her dog Romeo and reading. You can reach out to Hannah at hmedina@cogirusa.com or 979-267-3949.



Upcoming HCPC Events:

Mark your calendars for these great events!

2025 Guardianship Summit
Thursday, March 27th
9 AM



All Star Caregiver Awards
Thursday, May 8th
6 PM



COGIR PARKING INFORMATION



Cogir at the Narrows is so expansive that it has two different addresses! The primary entrance is located at 8201 6th Ave, while the secondary entrance can be found at 802 N Laurel Lane. Feel free to park in either parking lot! In the back lot, you may use any available space. Please note that parking along the street is not allowed. We highly encourage carpooling to HCPC. Thank you!

ALL-STAR CAREGIVER RECOGNITION AWARDS 2025

Nominate Your Caregiver!

Nominate your caregiver for the 2025 Pierce County All-Star Caregiver Awards. Nominations are open **Now** and due by **Monday, April 7th**.

Nomination Form Available at: healthcareproviderscouncil.org

SCAN FOR NOMINATION FORM

Visit the HCPC Website for more info about the All-Star Caregiver Awards, to download a nomination form or a sign to display at your business and to sign up to be an Event Sponsor!

March Facts & Celebrations:

March is National Multiple Sclerosis Awareness Month, Kidney Month, Social Work Month, and Women's History Month

March 10th

National Napping Day

March 11th

National Funeral Directors & Morticians Day

March 12th

National Dietitian Nutritionist Day

March 13th

Good Samaritan Day

March 14

Pi Day

March 17th

St Patrick's Day

March 20th

First Day of Spring

March 23rd

National Puppy Day

March 24th

National Cocktail Day

March 25th

National Medal of Honor Day

March 29th

National Vietnam Veteran's Day

March 30th

National Doctor's Day



HCPC Information and Upcoming Events in the County...

Healthcare Providers Council of Pierce County presents:

FREE GUARDIANSHIP SUMMIT

FREE CEUs!
4 CEUs for Longterm Care Workers & earn up to 9 CEUs for Professional Guardians and Conservators!

Are you a guardian, conservator, POA, payee, or personal representative?

We know that building your team and resources is crucial to being successful. It can be stressful trying to find those resources on your own. Don't worry, **we've got you!** Join HCPC for this FREE summit!

Learn about available resources, connect with local professionals, earn CEs, and hear about topics like:

- Navigating Social Security benefits on behalf of the client
- DSHS five year look-back and what to do next
- Marshaling assets
- Connecting with other like-minded Guardians

! FREE lunch provided

Thursday, March 27th, 2025

9:00AM | Doors open at 8:00AM

Our Church,
5000 67th Ave W,
University Place, WA 98467

Learn More!
For more information, scan the QR code or visit www.piercecountywa.gov/8688/Guardianship-Summit

****Registration opens Wed, Feb 19th!****

AFTER WORK Party

March 20th 5-7 PM

FEATURING GRIT AND GRACE COFFEE AND COCKTAILS AND GREAT FOOD CREATED BY OUR CHEFS!

2121 S. MERIDIAN
PUYALLUP, WA 98371

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Early April Celebrations:

April 1st
April Fool's Day

April 2nd
National Walking Day

April 3rd
National Burrito Day



Want your event in the HCPC Newsletter?

If you have relevant information to share in our newsletter, please submit to

secretary@healthcareproviderscouncil.org.

If space and time allows we will try to share your information.

Senior health professionals are invited to stop in before work for a **FREE** pancake breakfast with all of your favorite toppings, coffee and orange juice at The Village's

Morning Mingle



Great Networking Opportunity!

AT THE VILLAGE SENIOR LIVING | 4707 S ORCHARD ST. | TACOMA, WA

FRI. | MAR. 28 | 7:30 AM-9:30 AM

LET US KNOW YOU'LL JOIN!

Call (253) 993-1027 or email emills@thevillage-tacoma.com



Senior Living Education Series

A UNIQUE MEMORY CARE COMMUNITY

The COTTAGES at University Place

POLST Forms-Physician Orders for Life Sustaining Treatments, DNR's and Hospice Philosophy

Thursday, March 27, 2025 | 5:30PM



With Greta Ganley, RN, BSN | Assured Hospice

RSVP: Holly Carr

holly@carepartnersliving.com | 253-533-0022 (text)