



HCPC HEALTH CARE PROVIDERS COUNCIL of Pierce County

Thursday, August 14th
Breakfast 8:30am
Meeting 9am-10am

Cogir at the Narrows
8021 6th Ave, Tacoma

August Sponsors

Breakfast Sponsor
Abigail Hueck
The Key

Beverage Sponsor
Cheri Coleman
On the Road with PartnerCafe

Meeting Sponsor
Zach Entwistle
Entwistle Real Estate

New! Coffee Card Sponsor
Holly Carr & Emilee Roy
Care Partners Senior Living



PRESIDENT'S LETTER

Aloha HCPC Ohana 🌺

Wow! Thank you SO MUCH for your generosity at last month's Christmas in July Meeting! We raised \$2200 for seniors in our community. INCREDIBLE!

We are looking forward to this month's meeting, where we will hear from Sven Nelson from the Pierce County Prosecutor's Office, who will talk to us about Elder Abuse and how we can help protect our seniors.

As always, we want to thank our sponsors- The Key for our delicious breakfast, On the Road with PartnerCafe for beverages, Entwistle Real Estate for sponsoring our meeting, and Care Partners Senior Living for the Coffee Gift Cards we give out to members who invite guests to the meeting. Franciscan Hospice will be hosting the Business After Hours event, giving us a look at their Hospice House on August 21st.

We have some of our biggest events of the year coming up in September and October. The Annual Alzheimer's and Dementia Awareness Conference is sold out for vendors! Making the Link has a few spots still available for vendors. Make sure to register now so you don't miss this opportunity to connect with hospital case managers, social workers, and other referral partners.

A hui hou,

Trish



HCPC Board Members

President:

Trish Cooper
Enable Dental

Vice President:

Beth Rahman
Rahman Home Sales

Secretary:

Elizabeth Catterson
Envision Hospice

Treasurer:

Tawnya Krall
Garden Courte Memory Care

Chief Technology Officer:

Jenny Krzemien
Concierge Care Advisors

Members at Large:

Lynessa Stone
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Cheryl Teifke
Multicare Home Health
and Hospice

Tina Baril
Monarch Transitions

Liz Ann Johnson
Puget Sound Estate Law

Michelle Wyse
Wyse Senior Solutions

Michelle Apodaca
AccentCare Hospice

Hannah Medina
Cogir at the Narrows

Ann Southard-Ferrell
Family Resource Home Care

HCPC News & Events

Welcome to our new (& returning) HCPC Members! Thank you for joining!

- Brittney Mace, Voss Insurance Group
- Marie Kilgallon, Bonaventure
- Barbie Glenn, Alaska Gardens
- Carissa Burkhead, harbor & hill real estate team
- Madalyn West, White River Assisted Living and Memory Care
- Lisa AF Schultz, Care Partners Project
- David Madrid, David and Barb Senior Transition Specialists
- Barb Zimmerman, Better Properties/DB Senior Housing Specialists LLC

Board Member Spotlight

Liz Johnson has been a staple of HCPC for the past few years. She serves on the HCPC Board as a Member at Large. Liz has been a key part of the new and bigger HCPC events. She co-chaired the Christmas Committee last year, where we launched our first community auction. Liz also had the idea for our new Guardianship Summit that happened earlier this year. “My favorite part of HCPC is hands down the people! I’ve never met a group more committed to collaboration, education, and compassionate care,” she said. Liz advises new HCPC members not just to show up, but to join in. “HCPC isn’t just a directory—it’s a team of compassionate, brilliant humans who are always ready to connect you or your clients to the right solution. The more you participate, the more value you’ll find—professionally and personally. And don’t worry, we’re allergic to hard sales over coffee,” she joked.



Liz is an attorney with her firm, Puget Sound Estate Law. “Helping families breathe again is my favorite part of my job. Estate planning and elder law aren’t just about documents—they’re about dignity, clarity, and reducing anxiety for people in transition. I center education in my practice, helping clients follow their own instincts with the right tools and support,” said Liz. “Clear communication, compassion, and a bit of humor—that’s my roadmap for navigating both law and life,” she added.

Community service has always been a big part of Liz’s life. In addition to HCPC, Liz volunteers with Tacoma-Pierce County Bar Association (current President), senior centers, LGBTQ+ advocacy organizations, Tacomaprobono, and anywhere else she can be helpful. Liz also has six endlessly opinionated kids who keep her on her toes. Something you may not know about Liz is that she has a Master’s in Psychology and used to be a College Professor! **You can contact Liz Johnson at [253-527-0911](tel:253-527-0911) or by email at lizajelderlaw@gmail.com. Check out her website at psestatelaw.com.**

Upcoming HCPC Events:

Mark your calendars for these great events!

Pierce County Alzheimer's Dementia Awareness Conference

Saturday, September 27th



Pierce County Walk to End Alzheimer's

Saturday, October 11th



Making the Link

Wednesday, October 15th



COGIR PARKING INFORMATION



Cogir at the Narrows is so expansive that it has two different addresses! The primary entrance is located at 8201 6th Ave, while the secondary entrance can be found at 802 N Laurel Lane. Feel free to park in either parking lot! In the back lot, you may use any available space. Please note that parking along the street is not allowed. A shuttle is available for those who park at Titlow Beach. Please advise your guests accordingly. We highly encourage carpooling to HCPC. Thanks!

August After Hours



Thursday August 21st 4pm-6pm

JOIN US FOR AN EXCLUSIVE LOOK AT FRANCISCAN HOSPICE HOUSE

2901 Bridgeport Way West University Place, WA 98466

We invite all HCPC members to join us in our peaceful staff courtyard for music, light refreshments & drinks.

Small Group Tours of Hospice House will be offered.

We ask that attendees park on the side of the building to ensure parking and easy access to our patient's families.

Hello humankindness®

August Facts & Celebrations:

August is National Dog Month, National Sandwich Month, National Eye Exam Month, & National Family Fun Month



August 12th
World Elephant Day

August 13th
National Prosecco Day

August 15th
National Relaxation Day

August 16th
National Tell a Joke Day

August 17th
National Non-Profit Day

August 19th
National Potato Day

August 21st
National Senior Citizens Day

August 22nd
National Be An Angel Day

August 26th
National Dog Day

August 28th
National Red Wine Day

August 30th
National Beach Day
National Grief Awareness Day

August 31st
International Overdose Awareness Day



HCPC Information and Upcoming Events in the County...

2025 Alzheimer's Dementia Awareness Conference

Saturday, September 20th

Rainier View Christian Church
12305 Spanaway Loop Rd S.
Tacoma, WA 98444

FREE EVENT – Opens at 8am, Ends 3:30pm, Lunch Provided
Register Today at [Event Page](#) or Call 253-798-4600
4-CEUs for Eligible Caregivers

Adequate Evaluations and Understanding the Diagnosis
Our very own Dr. Doug Lane shares about making sure your loved one is evaluated correctly and how to understand the diagnosis! Specific areas of focus for Dr. Lane are coping with chronic illnesses such as dementia and its symptoms, behaviors, medications, supplements, caregiver support, and lifespan developmental concerns including end of life care.

Honoring Choices, Advocating for Your Loved Ones, & Building Your Support System
A prime example panel of healthcare professionals helping families navigate these important topics every day! YOU have Choices when it comes to healthcare decisions, YOU can Advocate for your loved ones, and the importance of Building Your Support System. YOU will not want to miss this one!!

Things You NEED to Know: Elder Law, How to Pay for Services, or No Funds at All?
Things will hit all at once, it's a whirlwind, where do YOU start? This panel brings legal knowledge and financials to those who have money and those who do not! Be sure you know what necessary legal documents you need and how they work; how to pay for services if you have funds or maybe you don't have available funds, how does that work? Find out with this amazing panel!

How Roles Change with Disease Progression
It's going to be a roller coaster – some of you are already on it! Our local dementia coach, Sandra O'Brien, will teach you how to care for your loved one during ALL the stages, beginning, middle and end, focusing on challenging behaviors and/or strategies, expectations, wellness, dignity, and overall physical and mental health! She will share best practices that you can implement at home!

<https://www.piercecountywa.gov/6905/Alzheimers-Conference>
www.piercedc.org

WEATHERLY INN TACOMA

HAPPY HOUR

THURSDAY, SEPT. 4 | 3-5 PM

6016 N HIGHLANDS PKWY, TACOMA, WA 98406 | 253-752-8550

Join us for our Summer Happy Hour
You'll have the chance to network and connect with other professionals in the community. We'll provide the drinks and apps, you provide the conversation!

Early September Celebrations:

September 1st
Labor Day

September 4th
National Wildlife Day

September 5th
National Food Bank Day

September 7th
National Grandparents Day

SHHH!

It has come to our attention that it's quite distracting to our speakers when our members engage in conversations at their tables and in the hallway during our monthly meetings. Please be courteous and give our speakers your full attention.

If you must take a call or have a conversation that cannot wait, please proceed to the Cogir lobby.

Thank you!



HCPC Information and Upcoming Events in the County...

Presented by: **HCPC** HEALTH CARE PROVIDERS COUNCIL of Pierce County 

MAKING THE LINK

VENDOR/SPONSOR OPPORTUNITIES

Connect with industry professionals dedicated to providing resources for seniors, including case managers, discharge planners, and social service providers. New this year, we are celebrating Case Management Week!



WEDNESDAY, OCTOBER 15TH
10 AM - 3 PM
OUR CHURCH
5000 67th Avenue West
University Place, WA 98467

Full Vendor Table 1 lunch \$300	Half Vendor Table 1 lunch \$225	Additional Lunch \$20
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Sponsorship Opportunities Available
Sponsor Perks include a free full table, two lunches, prime table location, social media mentions, signage, and more!

Registration opens August 1st on the HCPC website!

\$600-\$800

Aging Smart Network Meeting

No fees to attend and no RSVP required!

9 AM to 10 AM on the third Thursday of every month.

The next meeting is scheduled for **Thursday, August 21st at 8:45 am**

Please bring marketing material and business cards.

We meet at BECU in Gig Harbor at 4784 Borgen Blvd

Aging Smart is a Chamber of Commerce member.

Members are a group of local professionals with a common goal:

Educating people to make smart decisions as they age.

They believe the best results come from proactive planning.

Contact Rebecca Rainsberger at rrainsberger@longbridge-financial.com for more information.



OCT 4 THURSTON COUNTY WALK TO END ALZHEIMER'S
Heritage Park @ Capital Lake
10:00 a.m.

OCT 11 PIERCE COUNTY WALK TO END ALZHEIMER'S
Dune Peninsula Park @ Point Ruston
10:00 a.m.

WALK TO END ALZHEIMER'S
ALZHEIMER'S ASSOCIATION

Help us keep the momentum going in your community at the Alzheimer's Association Walk to End Alzheimer's®, the world's largest fundraiser to fight the disease.
Register today at alz.org/walk.

New Member?

If you are a new member and you have questions about your membership, the membership directory on the website, meetings, events, committees, or anything HCPC, please ask any Board member

or email

admin@healthcareproviderscouncil.org.

*Someone has a
Birthday on Thursday!*

Please wish our
HCPC Secretary
Elizabeth a
Happy Birthday
if you see her!



Like us on
Facebook

Want your event in the HCPC Newsletter?

If you have relevant information to share in our newsletter, please submit to

secretary@healthcareproviderscouncil.org.

If space and time allows we will try to share your information.

K / Koelsch
COMMUNITIES

FREE

Dementia Support Group

August 16, 2025

Guest Speaker:
Britney Johnson
Senior Health & Well-Being Director
MEL KORUM FAMILY YMCA

**Grace for the Journey:
Self-Care Strategies for
Dementia Caregivers'**

1:00 - 2:30 PM

Deer Ridge

DISTINCTIVE
MEMORY CARE
3901 5th St SE / Puyallup, WA

If you are looking for more support and community while caring for someone with Dementia, please join us every month from 1:00 - 2:30 PM for our free support group.

When caring for someone with this disease, it is essential also to make sure you are caring for yourself. Come connect with others and find community at Deer Ridge.

During the support group, we will provide complimentary oversight, snacks, and activities for your loved one with dementia.

COME JOIN US!

RSVP at (253) 446 - 7892

Membership Note

Friendly reminder that guests are allowed one free meeting before joining. HCPC will now be offering a \$25 per meeting guest pass for repeat visitors who have not joined as members. Membership is \$100 for a one year individual membership. Join at www.healthcareproviderscouncil.org!

Made it to the end?

Say the secret word "**Flamingo**" to board member Elizabeth Catterson to get your prize for reading the newsletter!

